

N431 Adult Health II

Clinical Reflection Form

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Clinical Rotation Site:

1. Briefly write about today's experience(s)

In clinical today, I was in Pre-Op. There were a couple patient's that my nurse had to take care of. The first patient was a 15-year-old girl that was getting tubes removed from her ears. I got to see the pre-op routine which I have never seen before since I have never had surgery. The second patient was an older lady who had back surgery 4 weeks ago and got an infection, so the surgeon was cutting open her incision and draining it out. For her, we hung Rocephin and phlebotomy came in and took blood from her because she had to get a blood transfusion the last time she had surgery. The last patient that was saw was an older man that was getting a lap chole. He came down from the 3rd floor and seemed in high spirits.

2. What is one thing you learned?

One thing that I learned was that the nurse asks the patient to state what they are getting done in their own words before they sign the consent form. If they state something that is not close to what they are getting done, the patient cannot sign the consent form and the nurse has to call the surgeon back to explain the surgery again to the patient.

3. What is one thing you would do differently?

One thing that I would do differently is that I would ask to do more IVs if I could.

4. What is your major "take home" from today's clinical experience(s)?

My major take home from today's experience is to always be empathetic to your patients and let them express their concerns. The patients who are in pre-op are usually nervous because they are about to go into surgery. It is always important to make them as comfortable as you can and ease their nerves to the best that you can.

5. Is there anything else you would like to mention?

I think there should be a rotation where the students get to go into pre-op and PACU.