Disease: hypothyroidism

Student Name: _____

Pertinent Common Signs and Symptoms

- fatigue
- irritability
- Depression
- pale skin

Pertinent Physical Exam Findings/Risk Factors

- women 30-80
- many are undiagnosed
- inadequate intake of iodine

Pertinent Nursing Interventions

- monitor for ~~lows~~ low BP
- monitor weight
- consult dietitian

Disease and Brief pathophysiology

- inadequate amount of circulating thyroid hormones T_3 + T_4

Labs

T_1

T_4

Serum Chole ↑

Client Education/Health Promotion

- treatment begins slowly
- take dose as prescribed

Diagnostic Procedures

- radioisotope
- ECG

Pertinent Medications

- levothyroxin

Potential Problems

- weight gain
- thyrotoxicosis

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