

Increased appetite
Changes in menstrual patterns
Increased sensitivity to heat
Changes in bowel pattern
Muscle weakness
Fatigue
Difficulty sleeping

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Nursing Diagnosis/Outcomes

Fatigue R/T Irritability of CNS AEB Hyperthyroidism
-Client will display improve ability to participate in desired activities

Anxiety R/T hyper metabolic state AEB hyperthyroidism
-Client will appear relaxed and report reduced anxiety to manageable level

Deficient Knowledge R/T information misinterpretation AEB hyperthyroidism
-Client will initiate necessary lifestyle changes and participate in the treatment regimen

Weight loss
Tachycardia
Arrhythmia
Palpations
Sweating
Goiter
Fine, brittle hair
Skin thinning

-Monitor CVP
-Auscultate heart sounds
-Auscultate breath sounds, note adventitious sounds
-Daily weight
-Administer medications as indicated
-Monitor lab and diagnostic studies