

N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 1 week of this clinical rotation. Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar and spelling as well as APA format for references. Your score will be based on this rubric. You must receive 77% in order to pass this clinical assignment.

How does this clinical site relate to the course?

The high school nurse shadowing clinical site allowed me to observe the participation of nursing in a school environment. Unlike the healthcare setting such as the hospital, we work with many other nurses, the school nurse works alone in the office throughout the day. There are many times the nurse needs to make a quick decision for every situation she encounters.

How were you an engaged nursing professional today?

I mostly observed and watched, as well as questioned, the nurse throughout the clinical hours. The most significant difference between the hospital nurse and the school nurse is, first, the school nurse only responsible for acute care for the student, such as monitoring nausea and vomiting and giving oral fluids. Second, the nurse tracks every student's basic health condition, such as immunization status and their chronic illness status.

How did you contribute to the service provided by the school nurse today?

Since this was the first and only time I attend the clinical location, I observed the nurse most of the time. I helped her to carry the water bottles from the parking lot to the office, and I stock them in the refrigerator. The fluids will help students, especially those with hyperglycemia. Indeed, few students came in with a blood sugar level higher than 500.

Name 3 ways this clinical site impacts Pediatric health?

1. This clinical site promotes health by providing basic acute care and management for older adolescents.
2. This clinical site promotes health care by monitoring the student's health status, such as immunization status and chronic illness.
3. This clinical site will link with the community to promote public health by identifying and supporting those who need specialized help in the age group.

What are the health risks of the population served during today's clinical based on your observations today?

- Hyperglycemia
- Hypoglycemia
- Nausea and vomiting
- Menstrual cramping
- Minor injuries, cuts or scratches

Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal.

ND: Unstable blood glucose level RT type 1 diabetes mellitus AEB student's blood sugar level was 547.

Goal: Pt's blood sugar level goes down below 150 by the end of the shift.

Interventions:

1. Encourage oral fluids intake.
2. Check uring ketone level.
3. Insulin administration, unit depend on prescription.

Doenges, M. E., Moorhouse, M. F., & Murr, A. C. (2010). *Nursing Care Plans: Guidelines for Individualizing Client Care Across the Life Span*. FA Davis Company.

How will your experience during the School Nurse job shadowing impact your Nursing practice?

The school nurse is responsible for many criteria. Due to she was the only nurse work on the environment, she needs to make nursing judgment or decisions quick and accurate. I will love the job of the school nurse and the regular schedule.

Nurse Shadowing documentation Form

You have observed, _____, the Lakeview Nursing Student today. The student arrived on time and did not leave early. The student was dressed in Lakeview scrubs and wore the Lakeview name badge at all times. The student was respectful and professional during this observation experience.

Printed name: _____

Signature of RN/NP: _____

Date: _____