

Disease: PUD

Pertinent Common Signs and Symptoms

- Dyspepsia, heartburn, bloating
- nausea
- Anorexia, fullness or burps
- Sub acute or chronic vomiting

Pertinent Physical Exam Findings/Risk Factors

- Pain on epigastric tenderness
- Weight loss
- Bloody emesis

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Pertinent Nursing Interventions

- avoid NSAIDS

Disease and Brief pathophysiology

- Erosion of the mucosal lining of the stomach, esophagus, or duodenum.
- Mucosa breaks or inflammation that expose exposed to gastric acid & pepsin
- Most are caused from H-pylori infection

Client Education/Health Promotion

- Avoid NSAIDs
- Drink alcohol in moderation
- Consume a balanced diet

Labs

- H/H
- Stool sample

Diagnostic Procedures

- Endoscopy
- Urea breath testing
- H-pylori testing

Pertinent Medications

- Anticholinergics
- histamine 2 - receptor antagonists
- proton-pump inhibitors
- Antacids

Potential Problems

- Surgery
- gastrectomy