

Lakeview College of Nursing

N431 Adult Health II

Fall 2019

Clinical Reflective Journal

Name: Ashley Bode

Date: 09/23/19

Clinical Rotation Site:

1. Briefly write about today's experience(s)

My clinical rotation for this day was with the charge nurse. Upon arrival, the first task I was able to be a part of was administering blood. The patient's IV line had stopped working when being flushed with normal saline, so they had to start a new IV site and get the blood running. Overall it was a usually quiet day for the floor. I was able to help several students with different tasks, such as bathing and toileting their patients. I was also able to take a client for a walk up and down the hallway. The most exciting task of the day was helping with wound care on a rather large patient. Wound care is a skill I have not had a lot of experience with, so it was interesting to watch that process.

2. What is one thing you learned?

One of the most critical skills that I learned was blood transfusions. In the past, I have been able to watch blood transfusions and the process that goes with them. However, this process with this patient was anything but easy. It was interesting to see the other side of things when a procedure does not go as planned.

3. What is one thing you would do differently?

Watching the blood transfusion was so educational for me. There are several things as a nurse that I would have done differently. The nurse for this patient went to flush the IV after the blood had been spiked, set up, and ready to go. One of the first things I would have done would be to make sure my line was open and ready before starting the process of transfusing the blood. This would have made the process much smoother for everyone and not so rushed.

4. What is your major “take home” from today’s clinical experience(s)

The major take-home from this clinical is that being a charge nurse is not an easy task. Even though the day I was following her was easy, I know it is not always like that. Many times the charge nurse has to take patients if a lot is being admitted or other times nurses may need additional help with their patients, and that can take time.

5. Is there anything else you would like to mention?

In the future, it would be nice to see the paperwork side of things. I know part of being a charge nurse is doing safety checks and having other responsibilities.