

Lakeview College of Nursing  
N431 Adult Health II  
Fall 2019  
Clinical Reflective Journal

Name: Levi Hahne

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Clinical Rotation Site: Pro Ambulance on Main St.

1. Briefly write about today's experience(s)

Today at my clinical rotation site I met the team of medics and EMT's for the day shift that I would be shadowing and helping. I got a tour of the pro ambulance trucks inside and outside. They showed me where everything was located, like the vitals, meds, air cannulas, backboards, med kit bags, etc. Afterwards, a team member and I washed the trucks.

Today was the monthly meeting with OSF staff members and doctors. I sat in on it as they shared plans for Carle renovations that are coming to Danville, and they discussed how to meet better quotas and shared ideas on how to better communicate with dispatch. This meeting lasted about an hour and then we had our first call for the day. Two members shot out the door and I missed my first chance. Not long after they got back, they had another call for an elderly man that fell at Steak n' Shake. I hoped on that call with two members and we arrived and assisted the man by putting him on a stretcher and hauling him back to OSF ER. On the ride I took his blood pressure and blood sugar; blood sugar was 105 and blood pressure was 126/86. He hit his head and had minor cuts, so they bandaged it and put a neck brace on the ride to the ER.

We dropped him off and headed back to the station where they filled out paperwork for documentation of the people they were called out to this morning. We had one more call I went out on but by the time we arrived an officer was waiting and told us they didn't need us due to the fact the person that called had gotten up.

2. What is one thing you learned?

I learned how calm and collective the EMT's are in a situation with a call. I believe this is to avoid making victims anxious and scared. They did a great job handling the person and wrapping his head up as needed. They are aware of when situations are more crucial than others and when to act fast. I was a little nervous because it was my first time, but I was ready for whatever they asked of me to do during the situations.

3. What is one thing you would do differently?

I would like to have done my shift at night because there are more calls, but I am aware that I can do nighttime ride along on my own time if I choose. I wouldn't change anything else as it was my first day and I didn't know what I was in for during this clinical rotation.

4. What is your major "take home" from today's clinical experience(s)?

Remain calm and keep yourself together during a call is important, also it is important to get any witnesses' statements on what lead to the accident or situation. But most of all, this clinical was a learning experience so ask all questions of any sort as you please.

5. Is there anything else you would like to mention?

I think all the EMT's were friendly and willing to answer questions I had. Whereas on the clinical units at hospitals, you cross paths with some nurses that do not like the students very much. So it really does make the experience better and more open for learning.