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Fatigue/ weakness

**Subjective Data**

Headache

Chest pain

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**Nursing Diagnosis/Outcomes**

Nursing diagnosis:  
 Altered tissue perfusion  
 Fatigue  
 Altered nutrition, less than body requirements  
 Outcome:  
 Maintenance of adequate tissue perfusion  
 Return to normal counts of RBCs and HGB To treat and manage underlying cause of anemia  
 And return to normal counts of RBCs and HGB  
 Absence of complications

czxcddsv

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**Objective Data**

dabl

**Patient Information**

Assess for and control obvious signs of bleeding.  
 Monitor diagnostic testing  
 Monitor oxygen saturation and

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**Nursing Interventions**

Get up slowly from a lying or sitting position  
 Pace activities with frequent rest periods  
 Notify staff of new bleeding

Hypotension  
 Tachycardia  
 Decreased RBC and HGB  
 Syncope  
 Bleeding/ hemorrhage  
 Yellow or pale skin color



