

Journal 1

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This week I have learned that I learn and obtain more information when it is learned in a hands-on environment, in a group discussion or a game, such as Kahoot. When I read the information I find myself thinking about other things, such as what I need to today, make for dinner, what child needs to be where. In the hands-on environment, I am completely there at the moment using skill and critical thinking to execute what needs to be done. In a group discussion, I listen to my peers and my instructor so that I can be a part of the discussion. In games, let's face it, I'm competitive, so I want to win. My highest moments in learning this week were two moments. In Med Surg, I realized that my past two years at Lakeview have taught me a lot and I have learned much more than what I thought. The Med Surg seems more like a review than as to learning new things. The second moment was in the Capstone review course, I realized again that I have learned several things and been able to retain MOST of those things. Lowest learning moment was on the Capstone proctor test, I would have liked to have done better on that particular test, but now know what my focus needs to be on and what I need to review before the NCLEX. The most significant thing that happened to me as a learner, was that I got to attempt an IV. I feel as though I need and would like as much practice in this skill as I can get. So anytime I get the chance, I feel as though that is a win. Even if I don't get it, I'm still getting the chance. I also assisted a nurse in adding and removing medications from a chart, the nurse didn't know a few of the names of the medications, however, I was able to tell her what they were. So that was a nice feeling.