

Clinical Experience Summary

Name: Ngoc Trinh

Date: 3/5/26

This report will be a minimum of 2 pages in APA format. Each question needs to have a minimum of **one paragraph** response. In-text citations should be utilized. Use your textbook, the internet, and other scholarly resources to assist with in-text citations.

1. What is the priority nursing diagnosis for your patient? Why did you choose this diagnosis? (5 points)

- a. My patient 37-year-old had a vaginal delivery and was experiencing episiotomy discomfort (Baker, 2023). The priority nursing diagnosis I chose is acute pain (Baker, 2023). I chose this diagnosis because managing her pain is the priority after delivery, especially since she rates her pain at 7/10 on the numerical scale and perineal edema (Baker, 2023). Acute pain related to tissue trauma and soreness as evidenced by her reports of pain at vagina area whenever she tries to reposition (Baker, 2023). After the diagnosis, I expected she will report her pain had reduced and feel better when she tried to reposition (Baker, 2023).

2. Identify 3 nursing interventions supporting the nursing diagnosis? Explain what these interventions are and why they should be completed. (15 points)

- a. The first intervention I chose is to give my patient pain medication such as acetaminophen or ibuprofen (Baker, 2023). These meds can help her reduce discomfort and have good sleep (Baker, 2023). The second intervention I chose is encourage my patient use CAM, one of the nonpharmacologic relaxation techniques, such as turning on music, dimming lights, and deep breathing (Baker, 2023). This will help her refocus her attention on postpartum pain (Baker, 2023). Lastly, I chose is encourage my patient's ambulation, which will help her improve her circulation and reduce blood clots and constipation, heal tissue, and recover faster (Baker, 2023).

3. What was the evaluation of each of the previously identified nursing interventions? (10 points)

After nursing intervention, the patient reported her pain was 3/10 on the numerical scale (Baker, 2023). The patient and her husband appreciate the nurse (Baker, 2023). The patient appeared comfortable and took a short nap, which is the goal met (Baker, 2023). The CAM nonpharmacologic techniques, such as deep breathing, dim lights, and listening to music, also help her relax and reduce her anxiety, and help her colostrum start to flow, which is the goal met (Baker, 2023). After her husband helped

her ambulate, the patient reported her legs still felt numb, but better than after delivery. Other than that, no complications were reported, which is the intervention met (Baker, 2023).

4. Describe this patient's culture (not necessarily ethnicity) and identify a minimum of 2 patient preferences relating to their culture. (10 points)

- a. The patient's culture can be referred to as a postpartum healing culture that focuses on rest, recovery, and support after birth, instead of basing it on ethnicity (Improve Postpartum Care). She may prefer to stay home and rest for 30 to 60 days after delivery for healing and bonding with the newborn (Egger et al., 2024). This also helps limit outside exposure (Egger et al., 2024). Another preference might be food practices for dietary purposes (Egger et al., 2024). Avoided certain foods or leaned toward a specific diet during the postpartum period (Egger et al., 2024).

5. Reflection of clinical experience. (5 points)

- a. What was one thing that put you outside your comfort zone or made you feel uncomfortable?
 - i. The only thing that put me outside of my comfort zone was holding a newborn baby. This was not my first time, but I still feel afraid. The newborn baby was so small and fragile that it could get hurt in an accident. I was constantly struggling to hold the baby, as I was afraid of not supporting it correctly and making it uncomfortable. The sheer factor of nervousness and anxiety set in as I wasn't confident in the process.
- b. In what way did you see coordination between the health care team to provide appropriate care to the patient?
 - i. Most of the coordination comes down to proper communication. The team know their roles and responsibilities. The nurse acts as the provider's eyes and ears as they update the provider on the patient's condition and new assessment findings. Once the provider gives orders, the nurse's role is to carry them out while monitoring the patient. The nurse assesses the patient, checking vital signs and assessing the pain level to make sure the patient is comfortable in postpartum care.

References (APA):

Baker, M. (2023, October 27). *Postpartum: Nursing diagnoses & care plans*. NurseTogether.
<https://www.nursetogether.com/postpartum-nursing-diagnosis-care-plan/>

Egger, E. E., Bridget Basile Ibrahim, Nyhan, K., Mukund Desibhatla, Gleeson, D., & Hagaman, A. (2024). *Patient-Defined Cultural Safety in Perinatal Interventions: A Qualitative Scoping Review*. *Health Equity*, 8(1), 164–176.
<https://doi.org/10.1089/heq.2023.0152>

N432 Clinical Experience Summary Rubric

Name: Ngoc Trinh

Date: 3/5/26

Criteria	5 points	2.5 points	0 points	Comments
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<ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	
Criteria	15 points	7.5 points	0 points	Comments
<ul style="list-style-type: none"> • Identify 3 nursing interventions that were completed during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Missing 3 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	
Criteria	10 points	5 points	0 points	Comments
<ul style="list-style-type: none"> • Evaluation of each of the previously identified nursing interventions 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • Evaluation of each of the previously identified nursing 	<p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • Evaluation of each of the previously identified nursing 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • Evaluation of each of the previously identified nursing 	

	interventions	interventions	interventions	
Criteria	10 points	5 points	0 points	Comments
<ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences that relate to their culture. 	Includes complete and accurate information on all criteria: <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	Missing 1 or inaccurate information of the following: <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	Missing 2 or more or inaccurate information of the following: <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	
Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way did you see coordination between the health care team to provide appropriate 	Includes complete and accurate information on all criteria: <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way did you see coordination between the health care team to provide 	Missing 1 or inaccurate information of the following: <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way did you see coordination between the health care team to provide 	Missing 2 or more or inaccurate information of the following: <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way did you see coordination between the health care team to provide 	

care to the patient?	appropriate care to the patient?	appropriate care to the patient?	appropriate care to the patient?	
Criteria	5 points	2.5 points	0 points	
APA Format <ul style="list-style-type: none"> • 2 page minimum • The student used appropriate APA in text citations and listed all appropriate references in APA format. • Source(s) utilized should be 5 or less years old. • Source(s) greater than 5 years old will not be accepted. • Professional writing style and grammar was used in all narrative sections. 	Includes complete and accurate information on all criteria: <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections. 	Missing 1 or inaccurate information of the following: <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections 	Missing 2 or more or inaccurate information of the following: <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections 	
Instructor Comments:				
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