

Lakeview College of Nursing

3rd Semester Midterm Clinical Reflection Form

Student Name: ___Ngoc Trinh___

Date: ___3/5/26___

Course/Clinical Instructor: _____Prof. Jami Dowell_____

Clinical Site: _____

Instructions: Please respond thoughtfully to each question below. Your responses will help you reflect on your progress, identify strengths and growth areas, and guide your learning for the remainder of the semester.

1. Describe a clinical situation this semester that had a significant impact on your learning. What made it meaningful to you?

The clinical situation this semester that had a significant impact on my learning happened when I was in the ICU, which was not the patient I had to take care of that day, but I was part of the team helping everyone gather equipment and prepare for the procedure. He has trouble with breathing, no gag reflex, and vomiting. Honestly, I don't know what to do in that moment, so I just follow my nurse and help her as much as I can. It was meaningful to me because it showed me how important and serious of life threatening situation can become. I wish I had more knowledge to know what I must do so I can respond better in the future.

2. What nursing skills have you become more confident in since the beginning of the semester? Provide specific examples.

The nursing skills I have become more confident in since the beginning of the semester was injected, primer the IV tube and drawing the med from the vial. Every unit, I learned a bit from every nurse; for me, it's all good skills and good technique. I feel so grateful.

3. Identify one area where you feel you still need improvement. What steps are you taking to grow in this area?

I feel like I need to stay calm and try to remembering the key priorities because when I was in front of a patient or somebody, sometime I was so nervous and completely forgot the most important part I needed to be concerned with, which my nurse told me before we went to the patient's room, even I definitely understand it when we talk outside. My

nurses were always patient, even though I know they were so busy and needed to get a lot of work done at the same time, but they still walked me through step by step, especially Nurse Tiffanie, Jasmine, and June. I cannot say thanks enough and am truly grateful for their support. To grow in this area, I'm reviewing my patients' diagnoses and priority assessment before I go in, writing a quick checklist, and practicing more of what I should say and do ahead of time.

4. How have you applied classroom knowledge to patient care in the clinical setting? Give an example.

I have applied classroom knowledge by using what I learned about oxygenation and perfusion to guide my assessments and interventions. For example, I cared for a patient who was short of breath, so I checked their oxygen saturation, listened to lung sounds, and assessed their respiratory rate. I also reported the findings to my nurse and helped apply oxygen as ordered, then reassessed to see if the patient improved.

5. Discuss how you've incorporated therapeutic communication with patients, families, or the healthcare team. What was the outcome?

I incorporated therapeutic communication by speaking in a calm tone, actively listening, and letting the patient finish talking without interrupting. As a result, the patient seemed less anxious, felt heard, and was more cooperative with care.

6. Describe how you have demonstrated professionalism and accountability in the clinical environment.

I have demonstrated professionalism and accountability in clinical settings, such as showing up prepared and on time, following the dress code and infection-control policies, and maintaining patient privacy

7. Have you had the opportunity to collaborate with interdisciplinary team members? Describe the experience and what you learned.

Yes, I had opportunities to collaborate with interdisciplinary team members during clinical. I learned that each role has a specific focus, and patient care is safest when everyone shares clear information and works together.

8. Reflect on how you've prioritized and managed your time during clinical shifts. What strategies have been effective or need improvement?

During clinical shifts, I try to prioritize by focusing on safety first, then completing the most urgent patient needs before moving on to less time-sensitive tasks. What has been effective is grouping tasks such as doing assessments, vitals, and medication checks in one room visit and asking my nurse early if anything should be done first. I still need improvement with staying calm when the unit gets busy because I can get nervous and feel rushed.

9. How have you handled feedback from your clinical instructor or staff nurses? Provide an example of how you applied it.

I have handled feedback by listening carefully, staying open-minded, and trying to apply it right away instead of taking it personally. For example, one of my nurses told me to slow down and follow a step-by-step routine during my assessment so I wouldn't miss important details when I'm nervous.

10. What are your clinical learning goals for the remainder of the semester? How do you plan to achieve them?

My clinical learning goals for the rest of the semester are to build more confidence with patient assessments, improve my time management, and communicate more clearly with the healthcare team. I plan to achieve this by reviewing my patient's diagnosis and priority assessments before each shift, using a simple checklist while I'm in the room, and practicing SBAR when I report to my nurse.

Student Signature: ____Ngoc Trinh____

Date: _____3/5/36_____

Instructor Comments (Optional):