

## **Clinical Reflections: #1, #2, #3, #4**

See the grading rubric below:

1. How does this clinical site relate to Population/Global Health?

This clinical was with case management. This experience enlightened me to a different aspect of nursing care. I have heard many times “refer to case management”, but I never understood what they do. After this experience, I see so much of the time, care, and steps they need to take to provide better patient care while balancing the organization’s budget and insurance allowances. They are working to keep three different people/entities satisfied that are at times competing. Case management appear to be one of the behind the scenes departments negotiating and coordinating so much of how the hospital functions. They are providing and organizing care for people from all walks of life and always taking into account their available resources and support.

2. How were you an engaged nursing professional during this clinical experience?

I spent the first part of the morning observing what they do to prepare for the day, how they gather information, and communicating with necessary patients to determine their needs during their stay and upon discharge. My preceptor then had me go on rounds with the whole team in med-surg and ICU. There I was able to observe how they determine who is being discharged or kept and why. I learned a lot about insurance restrictions, making decisions based on patient needs, and got to observe interdisciplinary teamwork. My preceptor and some of the other case managers welcomed and encouraged me to ask questions.

3. How did you or could you contribute to the service of the community through this clinical site?

From what I observed, case management plays a key role in determining resources within the community available to the patients. They conduct assessments to determine patient needs, find places for them to go based on those needs, therapies necessary for treatment, if the patient’s have transportation or support, determining what insurance will cover, if they need in-home care, in-patient rehab, or if it is safe for them to go home. I understand better now how insurance and hospitals operate based on the financial aspects, as well as how to coordinate different teams and facilities to provide necessary treatments for the patients.

4. Name 3 ways this clinical site impacts community health?

Case management is very good at keeping up with different available resources for all patients. They are aware of disparities and find ways to work around them to provide the best patient care possible for all people. They work to coordinate all necessary teams and resources needed for each patient. They also are great at managing chronic conditions to reduce multiple admissions and E.D. visits.

5. Name 1 way this clinical site could better serve the community and why?

The only issue I was able to determine with this clinical site is not with the case managers, but with insurance. There are heavy restrictions with insurance companies that restrict patient care and hospital reimbursement. For instance, hypothetically speaking, if a patient comes in with sepsis, the insurance will only pay for 5 days in the hospital. The patient then develops significant health issues due to sepsis, multiple organ failure, and ends up on a ventilator. That patient clearly cannot leave the ICU, but the insurance will not pay any more. That patient ends up with a -36 next to their name because that is when insurance stopped covering the stay and the hospital is eating that cost. They also can't transfer that patient because they are on comfort care now and the only facility that will agree to take them is too far away for an unstable patient to travel. So, the hospital is left to absorb the costs to put the patient's best interest at the forefront.

6. What health risks are experienced by the population served by this clinical site?

Case management can be a very stressful and draining position, which puts a strain on the mental and physical health of the managers. They can experience physical health risks as well due to working in inpatient care with sick patients. Compassion fatigue and burnout can be an issue case managers deal with as well. I did have a conversation with my preceptor about how hard it is for them when they know the patient has a need, but they are unable to fill that need due to various restrictions. She also told me about a time she had to find placement for a patient who had a sex offender history. It is very hard to find a facility that will take someone with this type of criminal history. His daughter oversaw his medical care and asked why my preceptor could not find a place for him to go. My preceptor told her it was due to his criminal history. The daughter knew nothing of criminal history. She said that was very difficult for her because her father was going to be

passing away, and the image his daughter had of him was at best tarnished. She said this took a toll on her mentally and emotionally.

**N 442**

**Grading Rubric Self Reflection Clinical Journal Post assignments-  
10 Total Points Possible**

CRITERION	POOR	FAIR	GOOD
<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 0.5 points</i></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-0 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed, but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 0.5 point</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 1 point</b></p>
<p><b>Critique of experience- Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 1.0 points</i></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>-Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 0.5 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs are not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>-Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs are clear and easy to follow.</li> <li>-Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 2 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your</b></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are</li> </ul>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> </ul>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the</li> </ul>

<p><b>practice or will it?</b></p> <p><b>Total Points- 1.0 points</b></p>	<p>inadequate or excessive in length.</p> <p>-Unspecific as to how this experience will impact your nursing practice or not.</p> <p><b>Weight- 0.5 point</b></p>	<p>- Paper is over/ under word length.</p> <p>-Lacks some specifics as to how this experience will impact your nursing practice or not.</p> <p><b>Weight-1 point</b></p>	<p>assignment.</p> <p>-States clearly as to how this experience will impact nursing practice or not and why.</p> <p><b>Weight-2 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>If references are used, they are in APA Format</b></p> <p><b>Total Weight- 1.0 points</b></p>	<p>-Lack of APA format.</p> <p>-Paper contains numerous grammatical, punctuation, and spelling errors.</p> <p>- Language <b>uses jargon or conversational tone</b></p> <p>-Lack of APA citation use and Reference page if references used.</p> <p><b>Weight- 0 point</b></p>	<p>- Inappropriate APA format.</p> <p>- Paper contains few grammatical, punctuation and spelling errors.</p> <p>- Language lacks clarity or includes <b>the use of some jargon or conversational tone.</b></p> <p>-Inappropriate APA citation use and Reference page if references used.</p> <p><b>Weight- 0.5 point</b></p>	<p>-Correct APA format.</p> <p>-Rules of grammar, usage, and punctuation are followed; spelling is correct.</p> <p>- Language is clear and precise; sentences display consistently strong, varied structure</p> <p>-Correct APA citation and reference page if references used.</p> <p><b>Weight- 1 point</b></p>
<p><b>Analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</b></p>	<p>-Inaccurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</p>	<p>-Accurate analysis of how behavioral, environmental, and genetic factors impact the population served at this site, but was not thorough.</p>	<p>-Accurate and thorough analysis of how behavioral, environmental, and genetic factors impact the population served at this site.</p>

<b>Total Weight- 2.0 points</b>	<b>Weight- 0.5 point</b>	<b>Weight- 1 point</b>	<b>Weight- 2.0 points</b>
<b>Journal submitted to Dropbox within 96 hours (4 days) of the clinical experience.</b>	-Paper submitted to Dropbox late.		-Paper submitted to Dropbox on time.
<b>Total Weight- 2 points</b>	<b>Weight- 0 point</b>		<b>Weight- 2 points</b>

**Total Points \_\_\_\_\_**

\*NOTE: Must achieve 7.7 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.