

## **Clinical Reflections: #1, #2, #3, #4**

See the grading rubric below:

Location: Carle Wound Clinic

### 1. How does this clinical site relate to Population/Global Health?

Healthcare is placing a growing emphasis upon managing chronic disease in a way that reduces societal impact and financial costs. Ambulatory wound clinics represent one such approach to this change in healthcare. This is accomplished by reducing the recovery time from wounds, or reducing the frequency of amputations or infections associated. Many clients have genetic predispositions such as Type 2 Diabetes or Peripheral Arterial Disease which engender wound development and healing deficiencies (Nussbaum et al., 2018).

### 2. How were you an engaged nursing professional during this clinical experience?

I took vitals for incoming clients, and aided in removing any existing bandages, cleaning the wounds, and rebandaging clients following their time with the provider. This experience adds to my nursing comprehension by demonstrating how many supplies go into promoting effective healing with clients who have impediments to normal healing. Moreover, how socio economic status or level of education can directly disrupt an individuals capacity to manage caring for their wounds independently (Nussbaum et al., 2018).

### 3. How did you or could you contribute to the service of the community through this clinical site?

Many of the clients served came from poorer socioeconomic status, or in one case was homeless. By providing needed care for wounds such that they can actually heal, and preventing them becoming more severe conditions, clinics like these reduce the propensity for requiring higher levels of care and costs, and therefor provides a valuable service. By preserving the autonomy and independence of clients it reduces the quantity of individuals in the community relying upon tax payer funded institutions (Nussbaum et al., 2018).

4. Name 3 ways this clinical site impacts community health?

Providing ambulatory wound clinics within the community helps to reduce inpatient admissions for mismanaged wound care, the propensity for wounds to progress to requiring amputation, and the amount of citizens deteriorating to requiring lengthy nursing facility stays to overcome their wounds, as well as compounding health conditions triggered by their wound (Nussbaum et al., 2018).

5. Name 1 way this clinical site could better serve the community and why?

Many clients within this demographic have poorly managed diabetes as the predominate underlying factor with their wound. As such, a more vigorous diabetic education being provided in this setting would likely benefit outcomes. While the clinic featured some posters on nutrition or wound/foot checks, it was unclear to me whether there was more education and outreach involved than this. Preventative efforts through proper education could significantly reduce the commonality of conditions frequently seen in ambulatory wound care facilities (Nussbaum et al., 2018).

6. What health risks are experienced by the population served by this clinical site?

With ongoing open wound sites, clients are at risk for further loss of tissues vitality and perfusion, as well as infections with outcomes ranging from amputations to death. Loss of limb results in increased dependency and mobility deficits which can have tack-on domino effects to health and quality of life such as sepsis or osteomyelitis (Nussbaum et al., 2018).

References:

Nussbaum, S. R., Carter, M. J., Fife, C. E., DaVanzo, J., Haught, R., Nusgart, M., & Cartwright, D. (2018). An economic evaluation of the impact, cost, and medicare policy implications of chronic nonhealing wounds. *Value in Health*, 21(1), 27-32.

**N 442**

**Grading Rubric Self Reflection Clinical Journal Post assignments-  
10 Total Points Possible**

CRITERION	POOR	FAIR	GOOD
<p><b>-Concise and Complete</b></p> <p><b>Total Weight- 0.5 points</b></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-0 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed, but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 0.5 point</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 1 point</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><b>Total Weight- 1.0 points</b></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>-Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 0.5 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs are not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>-Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs are clear and easy to follow.</li> <li>-Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 2 points</b></p>
<b>Thoughtful</b>	- Paper lacks many	- Paper follows most	- Paper follows designated

<p><b>Reflection- How will this affect your practice or will it?</b></p> <p><b>Total Points- 1.0 points</b></p>	<p>elements of correct formatting.</p> <ul style="list-style-type: none"> <li>- Paragraphs are inadequate or excessive in length.</li> <li>-Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 0.5 point</b></p>	<p>guidelines.</p> <ul style="list-style-type: none"> <li>- Paper is over/ under word length.</li> <li>-Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-1 point</b></p>	<p>guidelines.</p> <ul style="list-style-type: none"> <li>- Paper is the appropriate length as described for the assignment.</li> <li>-States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-2 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>If references are used, they are in APA Format</b></p> <p><b>Total Weight- 1.0 points</b></p>	<ul style="list-style-type: none"> <li>-Lack of APA format.</li> <li>-Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language <b>uses jargon or conversational tone</b></li> <li>-Lack of APA citation use and Reference page if references used.</li> </ul> <p><b>Weight- 0 point</b></p>	<ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few grammatical, punctuation and spelling errors.</li> <li>- Language lacks clarity or includes <b>the use of some jargon or conversational tone.</b></li> <li>-Inappropriate APA citation use and Reference page if references used.</li> </ul> <p><b>Weight- 0.5 point</b></p>	<ul style="list-style-type: none"> <li>-Correct APA format.</li> <li>-Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>-Correct APA citation and reference page if references used.</li> </ul> <p><b>Weight- 1 point</b></p>
<p><b>Analysis of how behavioral, environmental, and genetic</b></p>	<ul style="list-style-type: none"> <li>-Inaccurate analysis of how behavioral, environmental, and genetic</li> </ul>	<ul style="list-style-type: none"> <li>-Accurate analysis of how behavioral, environmental, and genetic factors impact the population served at</li> </ul>	<ul style="list-style-type: none"> <li>-Accurate and thorough analysis of how behavioral, environmental, and genetic factors impact the population served at this</li> </ul>

<p><b>factors impact the population served at this site.</b></p> <p><b>Total Weight- 2.0 points</b></p>	<p>factors impact the population served at this site.</p> <p><b>Weight- 0.5 point</b></p>	<p>this site, but was not thorough.</p> <p><b>Weight- 1 point</b></p>	<p>site.</p> <p><b>Weight- 2.0 points</b></p>
<p><b>Journal submitted to Dropbox within 96 hours (4 days) of the clinical experience.</b></p> <p><b>Total Weight- 2 points</b></p>	<p>-Paper submitted to Dropbox late.</p> <p><b>Weight- 0 point</b></p>		<p>-Paper submitted to Dropbox on time.</p> <p><b>Weight- 2 points</b></p>

**Total Points \_\_\_\_\_**

\*NOTE: Must achieve 7.7 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.