

Clinical Experience Summary

Name: Ngoc Trinh

Date: 2/30/26

This report will be a minimum of 2 pages in APA format. Each question needs to have a minimum of **one paragraph** response. In-text citations should be utilized. Use your textbook, the internet, and other scholarly resources to assist with in-text citations.

1. What is the priority nursing diagnosis for your patient? Why did you choose this diagnosis? (5 points)

- a. The priority nursing diagnosis for a post-C-section patient is risk for bleeding (Salvador, 2023). Uncontrolled bleeding can become life-threatening (Salvador, 2023). I chose this because it affects circulation and the oxygen delivery to vital organs (Salvador, 2023). After a C-section, the patient is at risk for uterine atony and incision bleeding, both of which can cause rapid blood loss (Salvador, 2023). This prioritized diagnosis keeps the nurse focused on assessing signs of hypovolemia (Salvador, 2023).

2. Identify 3 nursing interventions supporting the nursing diagnosis? Explain what these interventions are and why they should be completed. (15 points)

- a. To support risk for bleeding after C-section, I would check the fundus regularly by palpating it to make sure the uterus is firm, because an unfirm uterus can mean uterine atony and heavier bleeding (Salvador, 2023). Next, I would inspect the incision for new bleeding or increasing drainage, so any surgical site bleeding is caught early (Salvador, 2023). Third, I would track intake and output, especially urine output, because decreased urine output can signal poor perfusion from blood loss (Salvador, 2023). Finally, I would monitor lochia by counting pads and how fast they soak, because soaking more than 1 pad in an hour can signal abnormal bleeding that needs quick action (Salvador, 2023). These three checks help you spot bleeding early and prevent the patient from becoming unstable (Salvador, 2023).

3. What was the evaluation of each of the previously identified nursing interventions? (10 points)

- a. My bleeding checks were adequate because her lochia kept getting lighter, and she never soaked more than one pad in an hour, and her incision dressing stayed dry without increased drainage (Salvador, 2023). My vital-sign monitoring was effective because her heart rate did not trend upward and her blood pressure remained steady, so there were no early signs of bleeding, such as tachycardia or hypotension (Salvador, 2023). My intake and output monitoring was effective because she continued to produce a normal amount of urine, indicating her body was still receiving adequate

circulation (Salvador, 2023). When she showed mild signs of low volume, the plan was effective because IV fluids were given as ordered, and her symptoms improved (Salvador, 2023). Overall, the interventions worked because she stayed stable and met expected postpartum goals like normal lochia and no heavy post-surgical bleeding (Salvador, 2023).

4. Describe this patient's culture (not necessarily ethnicity) and identify a minimum of 2 patient preferences relating to their culture. (10 points)

- a. This patient's culture can be described as her postpartum recovery values (ACOG, 2023). She wants to heal in a way that protects her privacy, supports her, and helps her feel respected after surgery (ACOG, 2023). One preference is having her partner or a trusted family member present during teaching and decisions so she feels supported and can better follow the plan (ACOG, 2023). Another preference is modesty and privacy during assessments, such as asking for permission before exposure, using drapes, and requesting same-gender care when possible, because some patients find exposure distressing and culturally uncomfortable (Office of Minority Health, 2023). A third common preference is clear, simple explanations with teach-back, so instructions match her health literacy and communication needs (ACOG, 2023).

5. Reflection of clinical experience. (5 points)

- a. What was one thing that put you outside your comfort zone or made you feel uncomfortable?
 - i. One thing that put me outside my comfort zone was giving the RhoGAM injection because the needle is long, and I was worried about causing the patient extra pain. I felt uncomfortable knowing it can sting and that the injection is intramuscular, so I had to be very confident with my technique. I did demonstrate a fronted instructor, but some of that feeling was very different, too different when I stood in front of the patient. It was perfect for the first shot, but it was a good experience. After all, I reviewed the technique skill injected in the IM.
- b. In what way did you see coordination between the health care team to provide appropriate care to the patient?
 - i. I saw good teamwork when the nurse, provider, and pharmacy worked together to ensure the patient received the right meds on time, like pain control, lovenox and prenatal vitamins. The nurse updated the provider about the patient's bleeding, vitals, and pain, and the provider adjusted orders based on those assessments. Lactation also came in to help with breastfeeding positions that did not stress the C-section incision. Everyone communicated during handoff, so the next nurse knew the plan and what to watch for. It felt like the whole team was on the same page, working together to keep the patient safe and comfortable.

References (APA):

- American College of Obstetricians and Gynecologists. (2023). ACOG Committee Opinion No. 736. *Obstetrics & Gynecology*, 131(5), e140–e150. <https://doi.org/10.1097/aog.0000000000002633>
- C-Section: Nursing Diagnoses, Care Plans, Assessment & Interventions*. (2022, November 12). NurseTogether. <https://www.nursetogether.com/c-section-nursing-diagnosis-care-plan/#nursing-care-plans>
- U.S. Department of Health and Human Services. (2023). *CLAS standards*. Think Cultural Health. <https://thinkculturalhealth.hhs.gov/clas/standards>

N432 Clinical Experience Summary Rubric

Name: Ngoc Trinh

Date: 2/30/26

Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	
Criteria	15 points	7.5 points	0 points	Comments
<ul style="list-style-type: none"> • Identify 3 nursing interventions that were completed during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Missing 3 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	
Criteria	10 points	5 points	0 points	Comments

<ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	
Criteria	10 points	5 points	0 points	Comments
<ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences that relate to their culture. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	
Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way did you see 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? 	

<p>coordination between the health care team to provide appropriate care to the patient?</p>	<p>○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	<p>○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	<p>○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	
<p>Criteria</p>	<p>5 points</p>	<p>2.5 points</p>	<p>0 points</p>	
<p>APA Format</p> <ul style="list-style-type: none"> • 2 page minimum • The student used appropriate APA in text citations and listed all appropriate references in APA format. • Source(s) utilized should be 5 or less years old. • Source(s) greater than 5 years old will not be accepted. • Professional writing style and grammar was used in all narrative sections. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections. 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections 	

Instructor Comments:

/50=