

## Clinical Experience Summary

This report will be a minimum of 2 pages in APA format. Each question needs to have a minimum of **one paragraph** response. In-text citations should be utilized. Use your textbook, the internet, and other scholarly resources to assist with in-text citations.

1. What is the priority nursing diagnosis for your patient? Why did you choose this diagnosis? **(5 points)**

Ineffective breathing pattern related to grunting on inhalation and exhalation as evidenced by low oxygen saturation and accessory muscle use (Phelps, 2022). I choose this nursing diagnosis because baby boy was otherwise healthy besides being a pre-term baby and occasional high bilirubin levels. He is maintaining his weight and tolerating his feedings. I also choose this diagnosis instead of the high bilirubin levels because it is the most important. If we base priority of care on airway, breathing, and circulation, this diagnosis would be first because without effective breathing patterns, it could cause significant harm to the patient if left untreated in a timely manner. According to Maslow's hierarchy of needs, basic needs such as a clear airway must be met before more high-level needs can be met (Osuna, 2024).

2. Identify 3 nursing interventions supporting the nursing diagnosis? Explain what these interventions are and why they should be completed. **(15 points)**

The nurse will administer Cpap as prescribed. Pre-term babies usually suffer from respiratory distress because they have not developed enough lung surfactant in their lungs. Surfactant is a liquid substance that babies start developing around 28-34 weeks in the in utero. Surfactant keeps the babies alveolars inflated when breathing and without or an inefficient amount, the alveolar collapse easily (Yadav & Lee, 2023). When a cpap is used, the airflow is pressurized and forces oxygen in their lungs, keeping the alveolar inflated. This should be completed because it allows the babies to breathe with their full lung capacity and allows them to provide enough oxygen to support their tissues. It also helps them not have use as much accessory muscles when breathing and overall helps them with the workload of breathing.

The nurse will assess the respiratory status. Assessing the respiratory status will let the care team know if the current treatments are working or different interventions need to be in place. Assessment of the respiratory status includes rate, depth, rhythm, lung sounds, use of assessor muscles, and mental status. Since these are newborns assessing the mental status can include observing for restlessness, cyanosis, or decreases consciousness. This intervention is important because detecting signs of respiratory distress early, such as rapid breathing, grunting, nasal flaring, or cyanosis, allows for timely intervention. Complications like hypoxia can lead to damaged organs and affect the overall development of the baby.

The nurse will promote long periods of rest in a low stimulus environment. Promoting long periods of rest is important because it help their brain and body continue to develop. In the case of this newborn, it decreases his oxygen demand by limiting activity and reducing stressful stimulus. Newborns use a lot of energy to grow, regulate their body temperature and adjust to life outside

the womb. Promoting rest allows their body to focus on healing and developing essential functions. By encouraging rest their organs and nervous system can mature as it would in the womb (Ernstmeyer & Christman, 2021).

3. What was the evaluation of each of the previously identified nursing interventions? **(10 points)**

The newborn is able to tolerate the cpap and keep an oxygen saturation above 90%. Although the baby still presents with the use of accessory muscles he is maintaining, a capillary refill less than 3 seconds and normal color over the body.

The newborn is breathing a normal rate and is no longer grunting on inhalation and exhalation with the use of the cpap. He is maintaining good body color and has a capillary refill less then 3 seconds. He is still having an increased work of breathing, using accessory muscles but does not appear to be to in distress.

The newborn is able to sleep throughout most of the day. The baby does get fussy when being assessed but is able to sooth himself self after. No signs of restlessness or distress. Quiet and calm when Mom is present and holding him.

4. Describe this patient culture(not necessarily ethnicity) and identify a minimum of 2 patient preferences relating to their culture. **(10 points)**

This patient has a deficit of parental closeness and coping. Although his parents are there frequently. He is still met with periods of being not being held and having to self sooth. Not being able to “know” his parents and siblings as much as he would if he

were home. He is unable to be present with both parents at the same time due to him having younger siblings at home and a delayed family routine overall. Due to this deficit, the parents want to be present for feedings and diaper changes as often as possible to establish and maintain this close relationship. As well as consistent communication and involvement in care. Since they are unable to be there 24/7 the parents would like to know if anything changes to the status of the newborn good or bad. They would like everything explained in a way that they would understand choices provided to them.

5. Reflection of clinical experience. **(5 points)**

- a. What was one thing that put you outside your comfort zone or made you feel uncomfortable?

Assessing a newborn was new for me. Knowing when to assess them and how it is different from an adult. I learned to listen to the heart and the lungs first when the baby is calm and you can hear everything clearly. I also learned how to sooth very fussy babies and trying different techniques.

- b. In what way did you see coordination between the health care team(any discipline) to provide appropriate care to the patient?

I saw coordination between the nurse and the provider. The baby needed to receive phototherapy because of his bilirubin levels and the nurse reached out to the provider asking if the baby could use the bili blanket instead of the overhead lights so that the parents would still be able to hold him when they visited. I recognized this as the nurse advocating for the parents in a way so they could still bond with the baby while he was receiving the treatment that he needed.

Durham, R. F., Chapman, L., & Miller, C. (2023). *Davis advantage for maternal-newborn nursing: Critical components of nursing*.

F.A. Davis Company.

Ernstmeyer, K., & Christman, E. (2021). *Interventions to manage hypoxia*. National Library of Medicine.

[https://www.ncbi.nlm.nih.gov/books/NBK591819/table/ch8oxygenation.T.interventions\\_to\\_manage/](https://www.ncbi.nlm.nih.gov/books/NBK591819/table/ch8oxygenation.T.interventions_to_manage/)

Osuna, M. (2024, February 20). *Tips for Prioritizing with ABCs and Maslow*. Straight a Nursing.

<https://straightnursingstudent.com/abc-maslow/>

Phelps, L. (2022). *Nursing Diagnosis Reference Manual* (12th ed.). Lippincott Williams & Wilkins.

Yadav, S., & Lee, B. (2023, July 25). *Neonatal Respiratory Distress Syndrome*. PubMed; StatPearls Publishing.

<https://www.ncbi.nlm.nih.gov/books/NBK560779/>

## N432 Clinical Experience Summary Rubric

Name:

Date:

Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> <li>• What is the priority nursing diagnosis for your patient?</li> <li>• Why did you choose this diagnosis?</li> </ul>	<p><b>Includes complete and accurate information on all criteria:</b></p> <ul style="list-style-type: none"> <li>• What is the priority nursing diagnosis for your patient?</li> <li>• Why did you choose this diagnosis?</li> </ul>	<p><b>Missing 1 or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>• What is the priority nursing diagnosis for your patient?</li> <li>• Why did you choose this diagnosis?</li> </ul>	<p><b>Missing 2 or more or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>• What is the priority nursing diagnosis for your patient?</li> <li>• Why did you choose this diagnosis?</li> </ul>	

Criteria	15 points	7.5 points	0 points	Comments
<ul style="list-style-type: none"> <li>Identify 3 nursing interventions that were completed during clinical.</li> <li>Describe each intervention.</li> <li>Explain why each intervention was completed.</li> </ul>	<p><b>Includes complete and accurate information on all criteria:</b></p> <ul style="list-style-type: none"> <li>Identify 3 nursing interventions that were seen or done during clinical.</li> <li>Describe each intervention.</li> <li>Explain why each intervention was completed.</li> </ul>	<p><b>Missing 1-2 or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Identify 3 nursing interventions that were seen or done during clinical.</li> <li>Describe each intervention.</li> <li>Explain why each intervention was completed.</li> </ul>	<p><b>Missing 3 or more or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Identify 3 nursing interventions that were seen or done during clinical.</li> <li>Describe each intervention.</li> <li>Explain why each intervention was completed.</li> </ul>	

<b>Criteria</b>	<b>10 points</b>	<b>5 points</b>	<b>0 points</b>	<b>Comments</b>
<ul style="list-style-type: none"> <li>Evaluation of each of the previously identified nursing interventions</li> </ul>	<p><b>Includes complete and accurate information on all criteria:</b></p> <ul style="list-style-type: none"> <li>Evaluation of each of the previously identified nursing interventions</li> </ul>	<p><b>Missing 1-2 or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Evaluation of each of the previously identified nursing interventions</li> </ul>	<p><b>Missing 2 or more or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Evaluation of each of the previously identified nursing interventions</li> </ul>	
<b>Criteria</b>	<b>10 points</b>	<b>5 points</b>	<b>0 points</b>	<b>Comments</b>
<ul style="list-style-type: none"> <li>Describe this patient culture.</li> </ul>	<p><b>Includes complete and accurate information on all criteria:</b></p>	<p><b>Missing 1 or inaccurate information of the following:</b></p>	<p><b>Missing 2 or more or inaccurate information of the following:</b></p>	

<ul style="list-style-type: none"> <li>Identify a minimum of 2 patient preferences that relate to their culture.</li> </ul>	<ul style="list-style-type: none"> <li>Describe this patient culture.</li> <li>Identify a minimum of 2 patient preferences relating to their culture.</li> </ul>	<ul style="list-style-type: none"> <li>Describe this patient culture.</li> <li>Identify a minimum of 2 patient preferences relating to their culture.</li> </ul>	<ul style="list-style-type: none"> <li>Describe this patient culture.</li> <li>Identify a minimum of 2 patient preferences relating to their culture.</li> </ul>	
Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> <li>Reflection of clinical experience. <ul style="list-style-type: none"> <li>What was one thing that made you feel uncomfortable?</li> <li>In what way</li> </ul> </li> </ul>	<p><b>Includes complete and accurate information on all criteria:</b></p> <ul style="list-style-type: none"> <li>Reflection of clinical experience. <ul style="list-style-type: none"> <li>What was one thing that made you feel</li> </ul> </li> </ul>	<p><b>Missing 1 or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Reflection of clinical experience. <ul style="list-style-type: none"> <li>What was one thing that made you feel</li> </ul> </li> </ul>	<p><b>Missing 2 or more or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Reflection of clinical experience. <ul style="list-style-type: none"> <li>What was one thing that made you feel</li> </ul> </li> </ul>	

<p>did you see coordination between the health care team to provide appropriate care to the patient?</p>	<p>uncomfortable?</p> <ul style="list-style-type: none"> <li>o In what way did you see coordination between the health care team to provide appropriate care to the patient?</li> </ul>	<p>uncomfortable?</p> <ul style="list-style-type: none"> <li>o In what way did you see coordination between the health care team to provide appropriate care to the patient?</li> </ul>	<p>uncomfortable?</p> <ul style="list-style-type: none"> <li>o In what way did you see coordination between the health care team to provide appropriate care to the patient?</li> </ul>	
<b>Criteria</b>	<b>5 points</b>	<b>2.5 points</b>	<b>0 points</b>	
<p><b>APA Format</b></p> <ul style="list-style-type: none"> <li>• 2 page minimum</li> <li>• The student used appropriate APA in text citations and</li> </ul>	<p><b>Includes complete and accurate information on all criteria:</b></p> <ul style="list-style-type: none"> <li>• 2 page minimum.</li> <li>• The student used</li> </ul>	<p><b>Missing 1 or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>• 2 page minimum.</li> <li>• The student used</li> </ul>	<p><b>Missing 2 or more or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>• 2 page minimum.</li> <li>• The student used</li> </ul>	

<p>listed all appropriate references in APA format.</p> <ul style="list-style-type: none"> <li>• Source(s) utilized should be 5 or less years old.</li> <li>• Source(s) greater than 5 years old will not be accepted.</li> <li>• Professional writing style and grammar was used in all narrative sections.</li> </ul>	<p>appropriate APA in text citations and listed all appropriate references in APA format.</p> <ul style="list-style-type: none"> <li>• All sources utilized were 5 or less years old.</li> <li>• Professional writing style and grammar was used in all narrative sections.</li> </ul>	<p>appropriate APA in text citations and listed all appropriate references in APA format.</p> <ul style="list-style-type: none"> <li>• All sources utilized were 5 or less years old.</li> <li>• Professional writing style and grammar was used in all narrative sections</li> </ul>	<p>appropriate APA in text citations and listed all appropriate references in APA format.</p> <ul style="list-style-type: none"> <li>• All sources utilized were 5 or less years old.</li> <li>• Professional writing style and grammar was used in all narrative sections</li> </ul>	
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Instructor Comments:

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