

Module Report

Tutorial: The Communicator 2.0

Module: Technique Identifier: Client undergoing weight-loss surgery



Individual Name: **Brittney Burns**

Institution: **Lakeview CON**

Program Type: **BSN**

Time Use and Score

	Date/Time	Time	Score
Technique Identifier: Client undergoing weight-loss surgery	2/22/2026 9:08:39 PM	8 min	91.7%

NT Technique Identifier Bariatric		
Technique 1		
Selected Option/ Result	Nontherapeutic	Result: Correct
Rationale	Lack of eye contact is a nontherapeutic, nonverbal communication technique because it indicates the nurse is not interested in what is being said by the client.	
Technique 2		
Selected Option/ Result	Therapeutic	Result: Correct
Rationale	Clarifying is a therapeutic communication technique because it allows the nurse to validate the message received to ensure that both the nurse and client have a mutual interpretation of the message.	
Technique 3		
Selected Option/ Result	Therapeutic	Result: Correct
Rationale	Focused questions are a therapeutic communication technique because they allow the nurse to clarify a message, collect data, encourage feedback, and confirm the client's ideas and beliefs.	
Technique 4		
Selected Option/ Result	Nontherapeutic	Result: Correct

Rationale	A judgmental response is a nontherapeutic communication technique because it imposes the nurse's personal attitudes, beliefs, values, and moral standards on the client.	
Technique 5		
Selected Option/ Result	Nontherapeutic	Result: Correct
Rationale	Focusing on self is a nontherapeutic communication technique because it prevents the client's goals from being perceived as most important.	
Technique 6		
Selected Option/ Result	Therapeutic	Result: Correct
Rationale	Developing rapport with a client supports the establishment of a therapeutic relationship by sharing mutual feelings of acceptance while maintaining open communication and the development of trust and respect.	
Technique 7		
Selected Option/ Result	Nontherapeutic	Result: Correct
Rationale	Automatic comments are a nontherapeutic communication technique because the use of clichés minimize the client's importance and concerns.	
Technique 8		
Selected Option/ Result	Therapeutic	Result: Correct
Rationale	Displaying a caring attitude supports the establishment of a therapeutic relationship by conveying genuine concern and a feeling of emotional closeness, which results in the nurse's ability to achieve a greater level of communication and understanding with the client.	
Technique 9		
Selected Option/ Result	Therapeutic	Result: Correct
Rationale	Exploration is a therapeutic communication technique because it encourages the client to delve deeper into a topic or issue of concern.	
Technique 10		
Selected Option/ Result	Therapeutic	Result: Incorrect

Rationale	Giving advice is a nontherapeutic communication technique because it takes away the client's decision-making ability and creates doubt in relation to decisions made.	
Technique 11		
Selected Option/ Result	Therapeutic	Result: Correct
Rationale	Active listening is a therapeutic communication technique because the nurse takes in information using all the senses, while conveying an open attitude toward the client.	
Technique 12		
Selected Option/ Result	Therapeutic	Result: Correct
Rationale	Open-ended questions are a therapeutic communication technique because they allow the client to direct the conversation and verbalize related thoughts and concerns.	