

Lakeview College of Nursing

Clinical Objectives Final Reflection – 3rd Semester Nursing Students

Instructions: Reflect on your clinical experience so far this semester. For each of the following objectives, provide a brief summary of how you have met or are meeting the objective in the clinical setting.

1. Demonstrate evidence-based clinical judgment to provide safe, patient-centered care for adults with a variety of complex acute and chronic health problems.

- For me, when I administer medications, I almost get paranoid about making sure I am giving the right medication and not pushing it too fast. This has helped me to slow down and make sure I ask lots of questions. Eventually, though, once you keep giving meds, you get the hang of it.

2. Apply pathophysiology to prioritize safe, evidence-based nursing care to patients with complex acute and chronic health conditions.

-I was involved with a code one time. The patient had a sudden episode of shortness of breath, which later ended up being a cardiac episode. I remember the nurse said we needed to give nitro. At first, I was confused because she was not complaining of chest pain. However, I quickly realized that nitro helps with pain because it relaxes the arteries; thus, decreasing the pain.

3. Practice appropriate, culturally competent communication skills and professional behaviors to collaborate with patients, nursing team members, and the interdisciplinary health care team.

- I had a difficult patient, in addition to her husband, who was constantly complaining about their care. They had even explained that they fired four nurses up to that point. Even though she and her husband were completely wrong, I just listened and got them in touch with leadership and the staff. In the end, all was well.

4. Differentiate the nursing role in delegation and supervision of care of the adult patient.

-I am not sure I understand what is being asked. There are jobs that as a nurse we can delegate to techs, such as vitals. However, some things, such as giving medications is my job. As a future nurse, we are in charge of caring for our patients. Giving medications, starting IVs, and doing assessments are things I did this semester that showed my care to the patient.

5. Perform advanced nursing psychomotor skills for safe, quality patient care.

-I performed IV insertions. I even got a successful IV on a patient who was considered a "hard stick."

6. Coordinate patient education to promote health and prevent illness.

- My care plans this semester helped me with teaching. I also got to be with the nurse when they discharged patients often. It helped me see the flow of how things should go, as well as how to keep the patient safe and free from infection when they left the hospital.

7. What is a strength you have found through the clinical experience

- For me, it is actually listening. Most times, when people get worked up or upset, it's often because they feel no one is listening to them. Most of the time, too, you do not even have to say anything.

8. What is a weakness you have found through the clinical experience

- For me, I struggle with IVs. While I have successfully placed a couple of them, I struggle with hanging IV fluids and piggybacking.

9. Do you feel ready for 4th semester Adult Health 3 clinical?

-Honestly, yes and no. Yes, because I truly am so ready and done. Also, no because I keep questioning if I am really ready.

Additional Clinical Experience Reflection Questions

1. Describe a patient care experience this semester that challenged your critical thinking. What did you learn from it?

-My response to question two would have to be my experience. When you are in situations like that, you are being forced to think and observe the patient. Questioning why this is happening? What does the patient need from me right now? How can I help? What orders do I anticipate coming?

2. How have you grown in confidence and independence since the beginning of this semester's clinical rotation?

- For me, I feel more confident in regard to understanding the pathophysiology of patients and their illnesses. When they ask what is happening, I am able to give an accurate answer. When they ask what medications I am giving them and what they do, I am able to respond appropriately.