

Lakeview College of Nursing

Clinical Objectives Final Reflection – 3rd Semester Nursing Students

Instructions: Reflect on your clinical experience so far this semester. For each of the following objectives, provide a brief summary of how you have met or are meeting the objective in the clinical setting.

1. Demonstrate evidence-based clinical judgment to provide safe, patient-centered care for adults with a variety of complex acute and chronic health problems.

I most enjoyed my time on the ICU where I could most completely exercise my ability to connect the dots on multi-system compromises in patients with multi-factorial conditions. I appreciate the puzzle pieces involved and the effort to consider how each element of the body interacts with others under abnormal conditions, and assembling those in a way that focuses the interventions chosen and the strategy utilized in the patients care.

2. Apply pathophysiology to prioritize safe, evidence-based nursing care to patients with complex acute and chronic health conditions.

As our care plan work should certainly reflect, at this point in our nursing career we have a developed enough learners-understanding of how to triage a patients ailments and medical needs to effectuate skilled care.

3. Practice appropriate, culturally competent communication skills and professional behaviors to collaborate with patients, nursing team members, and the interdisciplinary health care team.

I have worked in a multidisciplinary healthcare environment for ages. I don't find any issues with collaborating or sharing of the workload in a whole-patient approach where we represent a team.

4. Differentiate the nursing role in delegation and supervision of care of the adult patient.

I have almost exclusively worked in my life within hierarchies of organization, regardless of what job I was doing. One that expected you to not just report upward to superiors but also to utilize your social/leadership/and coordination skills to properly guide your team to improved cohesion and results.

5. Perform advanced nursing psychomotor skills for safe, quality patient care.

These are the skills I probably speak about the most on this form, and most value herein. While I did get to perform some of these hands on skills, I really hope I get to perform FAR more on my next clinical. I full intend to make it clear on my capstone experience to the team I am working with that I am not afraid to try anything under their supervision. I don't want to be stuck wearing kid-gloves at this point in my training, I want to DO the THING. =)

6. Coordinate patient education to promote health and prevent illness.

Nursing work in a hospital setting is, by its nature, work that you must coordinate on multiple levels. You must coordinate your own personal tasks. You must coordinate the patients wishes. You must coordinate the other members of the healthcare team around the client. Everything is always being sorted mentally in this line of work, by prioritization, efficiency, timing, etc.

7. What is a strength you have found through the clinical experience

I appreciate the ongoing transformative process of the clinical experience. I enjoy growing ever more comfortable and proficient in this role through the practice it provides.

8. What is a weakness you have found through the clinical experience

I would like to feel more confident with the technical skills we practice in lab so that when it comes time to perform them there is a greater sense of familiarity. I would like

for their performance to come more naturally to me by graduation to avoid looking clumsy or shaky-handed when performing in the real world when I begin my career.

9. Do you feel ready for 4th semester Adult Health 3 clinical?

Yes. Though I would certainly love more mass-practice time with routine skills like IV placement. Our poor lab team seems overbooked and overworked and it's hard to get time to come in and just practice that with our schedules and not living in the area.

Additional Clinical Experience Reflection Questions

1. Describe a patient care experience this semester that challenged your critical thinking. What did you learn from it?

2. How have you grown in confidence and independence since the beginning of this semester's clinical rotation?