

N321 Adult Health I

Clinical Reflection Form

Name: Laura Duncan

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End of clinical Journal

1. Briefly write about your experience(s)

This clinical experience allowed me to apply my skills in real patient care while building confidence in assessments and communication.

2. What are things you learned?

I learned how to prioritize patient needs using clinical judgment and manage my time more effectively during the shift.

3. What are things you would do differently?

I would ask more questions about medications and have a better understanding of each drug classification.

4. What is your major “take home” from clinical experience(s)?

My biggest takeaway is that strong clinical judgment and effective communication are essential for delivering safe and effective nursing care.

5. Explain how you meet the course outcomes

By assessing patient needs and prioritizing nursing actions that support positive patient outcomes.

Utilize clinical judgment to begin prioritizing nursing actions that promote positive patient outcomes.

Apply pathophysiology to provide safe, evidence-based nursing care to patients with common acute and common health conditions.

Describe culturally competent care to adults by discussing care and empathy during interactions with all patients, families, and significant others.

Differentiate appropriate communication skills and professional behaviors in interactions with patients, nursing team members, and the interdisciplinary healthcare team.

Provide patient education to promote health and prevent illness.

Perform intermediate nursing psychomotor skills for safe, quality patient care.