

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to Infant, Child and Adolescent Nursing Care?

The clinical site I attended Friday, Carle at the Riverfront, relates to Infant, Child, and Adolescent nursing care by demonstrating the acute care of pediatric patients in an outpatient setting. The patients ranged from infants to adolescents and were seen for many different reasons. These reasons included well-child visits, vaccinations, and upper respiratory infections. The nurses also worked triage, talking with the children's parents about the symptoms a child was experiencing and if the child should be brought into the clinic to be seen. The riverfront clinic was a great clinic setting to learn how outpatient pediatric care is done.

2. How were you an engaged pediatric nursing professional today?

I was an engaged pediatric nursing professional today during this clinical by showing up on time, dressed in Lakeview's clinical attire, and asking professional questions regarding the nurses' jobs in outpatient pediatrics. I was respectful to the nurses, certified medical assistants, and doctors. I spoke therapeutically to the patients and their family members who attended the appointments with them. I helped comfort a child during a nasal swab so they could be tested for any communicable diseases. I used developmentally appropriate communication when speaking to the patients. This included me talking to them at eye level, incorporating play and distraction into the appointment, and using simple language. I was able to incorporate child-friendly techniques, such as giving the patients stickers and using picture charts.

3. How did you contribute to the service provided by the clinic nurse today? If you think you did not contribute, why not?

I contributed to the service provided by the clinic nurse during this clinical by helping explain to the parents and the children what to expect during the visit. I greeted the families and tried to help the patients feel as comfortable as possible. I assisted the nurses with obtaining nasal swab samples from the patients and helped the nurses put the samples into the machines to test them for communicable diseases. A few of the diseases we tested for were Influenza A and B, Respiratory Syncytial Virus, and COVID-19. I also helped the nurses by gathering any supplies they needed.

4. Name 3 ways this clinical site impacts Pediatric health?

Three ways this clinical site impacts Pediatric health are that it provides preventative care, allows early identification and management of health conditions, and provides health education and family-centered support. This clinical site provides preventative care as it is a part of routine well-child care. This includes growth and developmental screenings, vaccinations, hearing and vision tests, and any anticipatory guidance that may be needed. This clinical site allows early identification and management of health conditions through the tests and diagnostics that are used during these visits to help diagnose any acute illnesses early and help monitor chronic conditions within these pediatric patients. Referrals to specialists are also included in helping to manage chronic conditions. This clinical site provides education and family support by giving guidance on symptom monitoring, development, and medication use.

5. What are the health risks of the population served during today's clinical based on your observations today? List and describe at least three health risks.

Three health risks of the population served during the clinical include developmental and behavioral risks, infectious disease exposures, and chronic health conditions. Developmental and behavioral risks include developmental delays, such as motor, speech, cognitive, and social. Also

included were patients with autism and learning disabilities that could go unnoticed when a patient does not undergo routine screening. Infectious disease exposures include both viral and bacterial infections, such as RSV, flu, strep throat, and COVID-19. Also included are patients who have incomplete or delayed immunizations. Chronic health conditions, such as asthma, diabetes, and poor nutrition, are managed at this clinical site as well.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this.

Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

I chose the health risk of infectious disease exposures. A nursing diagnosis for this health risk is risk for infection related to exposure to contagious pathogens (Phelps, 2022). A measurable goal for this nursing diagnosis is that by the end of the clinic visit, the child's caregiver will be able to demonstrate and verbalize correct infection prevention practices, such as hand hygiene. Three nursing interventions to achieve this goal are to demonstrate and teach proper hand hygiene, encourage appropriate use of preventive measures, and educate the child's caregiver on signs and symptoms of infection, such as fever, sore throat, and cough (Phelps, 2022).

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

Does this type of nursing practice appeal to you? Why or Why not?

My experience during the ambulatory clinic job shadowing will impact my nursing practice by allowing me to have a better understanding of what responsibilities an ambulatory nurse has and what type of care they provide to their patients. It was very interesting to see how different outpatient nursing is compared to inpatient nursing. I would say this type of nursing practice does appeal to me. While I want to work in an inpatient hospital, I always find myself looking in the direction of units that care for patients until they are stable, and then they move them to a specific floor for further management of their condition. Examples of these units include the emergency department, the PACU, or flight nursing. I feel this practice of nursing appeals to me because of the outpatient aspect of it.

References:

Phelps, L. L. (2022). *Nursing Diagnosis Reference Manual: Twelfth Edition*. Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____