

## Unit 5: Ticket To Enter

1. T or **F**: Sexual Assault never occurs during marriage.
2. What are some nursing actions to include in care during the interview and examination of a patient reporting sexual assault?
  1. Ensure safety and privacy for the patient.
  2. Establish trust and support with the patient.
3. Who is at the highest risk of becoming a victim of violence?
  - a. An elderly Caucasian woman who lives in an assisted living facility.
  - b. A 13-year-old male who is home-schooled.
  - c. A 24-year-old pregnant mother reporting financial stress and instability with her current fiancé.**
  - d. An African American who is taking care of his parents.
4. A nurse suspects child abuse of a 7-year-old patient who came into the Emergency Room. Which type of injury would you suspect is most at risk of child abuse?
  - a. A broken clavicle from falling off his bicycle.
  - b. A bump on the head after falling off a slide.
  - c. A red and blistered circular burn located around the buttocks.**
5. What are the symptoms of baby shaken syndrome and how does it occur?

Shaken baby syndrome is when there is violent shaking of an infant that causes the brain to move which leads to a hemorrhage or brain swelling.

Symptoms can include seizures, breathing difficulty, coma, irritability, vomiting, or death.
6. History of being a victim of abuse and substance use disorders are characteristics of \_\_\_perpetrators \_\_\_?
7. Name the three phases of violence and define them.
  - a. Tension-Building Phase
    - i. This is when there is verbal abuse, increased anger and minor incidents.  
The victim feels anxious and tries to please the abuser.
  - b. Acute Battering Phase
    - i. This is when physical, sexual, and emotional abuse can occur.
  - c. Honeymoon Phase
    - i. This is when the abuser apologizes, shows affection or promises to change. The tension rebuilds over time.
8. T or **F**: The nurse is not required to report suspected child abuse.
9. Slide 19: What are some vulnerable characteristics of those who are victims of violence?
  - a. Low self-esteem

- b. Dependence on the abuser
  - c. Pregnancy
  - d. Very young or old
  - e. Substance use
  - f. Mental illness
  - g. Isolation
  - h. Lack of support
10. T or F: Dementia has a fast onset that occurs in hours to 3 days and delirium has a slow progress that is reversible.
11. What are the different types of medications used to treat insomnia? You should be familiar with the names.
- a. Benzodiazepines
  - b. Non-Benzodiazepines
  - c. Melatonin
  - d. Antidepressants
  - e. Over-The-Counter
12. What nursing education should you provide the patient on good sleep hygiene?  
(See Slide 40)
- Avoid alcohol and caffeine before bed.
  - Get up at the same time every day of the week.
  - If the patient is unable to sleep, have them get up and do something relaxing, such as reading.
13. What is the difference between sleepwalking and sleep terror disorder? What education would you provide to the patient?
- a. Sleepwalking is when a person walks or performs activities while they are sleeping and they do not recall anything from the event.
  - b. Sleep Terror Disorder is when someone is aroused from their sleep with intense fear, screaming, sweating, and rapid heart rate. The person also does not recall the event.
  - c. Education
    - i. Make sure doors and windows are locked and obstacles are removed to ensure safety.
    - ii. Make sure a consistent sleep schedule is in place.
    - iii. Avoid any caffeine before bed along with feeling fatigue and stress.

14. A nurse is providing education to the husband of a patient diagnosed with dementia who is progressively becoming worse. What nursing action is appropriate? (Select all that apply)

- a. To ensure medication safety, the husband should be educated to monitor medication.
- b. Ensure the husband is not suffering from caregiver role strain and provide resources for assistance as needed.
- c. Educate the importance of consistency with daily activities and one task at a time.
- d. Educate the husband to monitor his wife's weight weekly and to offer finger foods due to poor food intake.