

## Service-Learning Reflection Journal

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After completing the required 20 service-learning hours, students will complete a reflective journal to communicate how each of the student learning outcomes was met. Students should complete each question pertaining to each outcome.

### 1. Develop a habit of critical reflection as they integrate professional values and leadership principles throughout their career. (Service Learning outcome #1)

- a. Provide examples of learning experiences that met outcome #1.
- b. State the location of the service-learning hours.
- c. How did the experience assist the student with their future nursing practice?

- a. After volunteering at these different locations, I was able to realize how important communication and team work was. For example, at the VA, if they didn't coordinate the Equine therapy then these veterans would not get the chance to do something they were looking forward to. I was also able to see how collaboration and teamwork was used during the event for the Burgwald eye center. They were able to put on an event for the children in their community and had to use team work to be able to organize everything.
- b. VA/Equine therapy, First semester head-to-toe check offs, Burgwald eye center Halloween event, SGA donations.
- c. This was able to assist me in my nursing practice by putting others first and wanting to help others be happy and get the chances that they are excited to do. It also helped me see how the VA workers were advocates for these veterans and the eye center was able to make so many children happy.

### 2. Incorporate an ethic of social and civic responsibility into their professional values and practice. (Outcome #2)

- a. Provide examples of learning experiences that met outcome #2.
- b. State the location of the service-learning hours.
- c. How did the experience assist the student with their future nursing practice?

- a. During the volunteer time at the Burgwald eye center, I worked a Halloween event and was able to assist in directing traffic and kept the area clean by picking up trash for them. This was able to help me understand the importance of community health and well-being. I was also able to help the community by donating to those who were dealing with food insecurity at the time and be able to help relieve a little bit of stress.
- b. VA/Equine therapy, First semester head-to-toe check offs, Burgwald eye center Halloween event, SGA donations.
- c. This experience was able to help me with my future nursing practice by serving the community and keeping the area healthy and clean for all of the people coming to the event. It also helped by helping me see the importance of helping those in need in our community.

**3. Develop an understanding of the complex underlying issues impacting family, population, and community health needs. (Outcome #3)**

- a. Provide examples of learning experiences that met outcome #3.
- b. State the location of the service-learning hours.
- c. How did the experience assist the student with their future nursing practice?

- a. An example of this would be when I did donations for SGA I was able to see all of the basic needs that people were in need of. It was good to know that there were families that I was able to assist. It was good to know that we were able to take a little bit of stress on all of these parents that were trying their best to provide for their children. I was also able to impact the community health needs by picking up trash at the Halloween event.
- b. VA/Equine therapy, First semester head-to-toe check offs, Burgwald eye center Halloween event, SGA donations.
- c. This was able to assist me in my nursing practice by seeing how poverty and access to necessities can influence health outcomes. This also helped me understand how financial issues and resource insecurity can impact nutrition and health of many people. It was also able to help me by knowing how important it is to keep our community clean.

**4. Develop their ability to work collaboratively in a variety of settings. (Outcome #4)**

- a. Provide examples of learning experiences that met outcome #4.
- b. State the location of the service-learning hours.
- c. How did the experience assist the student with their future nursing practice?

- a. An example of this would be when I was doing head to toe check offs for the first semester class. I was able to be a patient and discuss health issues with many different students. I was able to assist them in passing their check offs by volunteering to be a patient for them. Another example of this would be when I volunteered at the VA we went to Potomac for the equine therapy and this was able to help me learn to work in different environments.
- b. VA/Equine therapy, First semester head-to-toe check offs, Burgwald eye center Halloween event, SGA donations.
- c. This is able to help me in my future nursing practice by working on team work, communication, and adaptability to new environments. This was also able to assist me in my future nursing career by communicating with the VA workers in a different environment and be able to assist these veterans.

**5. Learn about diverse cultural perspectives and develop a respect for cultural differences. (Outcome #5)**

- a. Provide examples of learning experiences that met outcome #5.
- b. State the location of the service-learning hours.
- c. How did the experience assist the student with their future nursing practice?

- a. I was able to learn about the different cultural differences during my volunteer time by working with all different people. I was able to view the differences in the Mahomet community, different nursing students, homeless, veterans, those in need, and the therapists at the VA. All of these different groups of people helped me see differences in beliefs and behaviors.
- b. VA/Equine therapy, First semester head-to-toe check offs, Burgwald eye center Halloween event, SGA donations.
- c. This experience is able to help me in my future by understanding the importance of adapting to different nursing care and being able to meet everyone's needs. Understanding that many people will have different practices and beliefs and how this will influence their decisions is important.

**6. Observe organizational and community decision making styles and reflect on how these are utilized to promote health and wellness in communities. (Outcome #6)**

- a. Provide examples of learning experiences that met outcome #6.
- b. State the location of the service-learning hours.
- c. How did the experience assist the student with their future nursing practice?

- a. During my time volunteering at the VA/Equine therapy I was able to see how all of the different groups, leaders, and organization its self was able to affect everybody. All of the workers there were able to show how they were wanting to do the best they can for these veterans and get to take them somewhere to not have to worry about their health issues for a little bit of the day. I was able to see how this was a relief for these veterans and was able to brighten up their day.
- b. VA/Equine therapy, First semester head-to-toe check offs, Burgwald eye center Halloween event, SGA donations.
- c. This is able to help me in my future nursing practice by understanding the importance of promoting patients' health and wellness needs. I am also able to use this in my future by adding a little bit of normalcy can impact someone's day and brighten it up for the better.

Meeting the service-learning outcomes will assist the student in meeting the program outcomes for graduation. Each student must meet all outcomes.

## **Meeting Program Outcomes**

Service Learning outcome #1 meets program outcome # 5

Approved 4/29/2024, Revised 05/27/2025

Service Learning outcome #2 meets program outcome # 4 & 5

Service Learning outcome #3 meets program outcome # 4

Service Learning outcome #4 meets program outcome # 1 & 7

Service Learning outcome #5 meets program outcome # 6

Service Learning outcome #6 meets program outcome # 1