

Service-Learning Reflection Journal

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After completing the required 20 service-learning hours, students will complete a reflective journal to communicate how each of the student learning outcomes was met. Students should complete each question pertaining to each outcome.

1. Develop a habit of critical reflection as they integrate professional values and leadership principles throughout their career. (Service Learning outcome #1)

- a. Provide examples of learning experiences that met outcome #1.
- b. State the location of the service-learning hours.
- c. How did the experience assist the student with their future nursing practice?

- a. During my time volunteering at these locations, I was able to communicate with communities that may experience hardship. I was able to connect value to action. Some of these volunteer opportunities taught me to think of others first before myself because I may not be aware of what they are going through. Other volunteer opportunities allowed me to help future nurses in bettering their head-to-toe assessments.
- b. SGA donation at Lakeview for the Danville Rescue Mission, Burgwald Eye Center event, Basic Health Assessment patient volunteer, and Equine therapy at the VA.
- c. These experiences each taught me something important in their own way. This assisted me in bettering my communication and leadership skills and provided me with ways to better help my close community.

2. Incorporate an ethic of social and civic responsibility into their professional values and practice. (Outcome #2)

- a. Provide examples of learning experiences that met outcome #2.
- b. State the location of the service-learning hours.
- c. How did the experience assist the student with their future nursing practice?

- a. During my volunteer opportunities at the Danville Rescue Mission, I was aware of where the products were going, which made me realize I was contributing to a real community need and demonstrating service that meets outcome #2. Another example would be when I volunteered as a patient for the checkoff. I supported and encouraged the success of my peers and helped others grow.
- b. SGA donation at Lakeview for the Danville Rescue Mission, Burgwald Eye Center event, Basic Health Assessment patient volunteer, and Equine therapy at the VA.
- c. I feel that my volunteer opportunities effectively incorporated civic and social responsibility. An example is my support for veterans during their equine therapy and my ability to communicate effectively with them. I showed empathy and learned the importance of holistic care. I contributed to a local community event during Halloween to help create a safe environment.

3. Develop an understanding of the complex underlying issues impacting family, population, and community health needs. (Outcome #3)

- a. Provide examples of learning experiences that met outcome #3.
- b. State the location of the service-learning hours.
- c. How did the experience assist the student with their future nursing practice?

- a. While collecting items for the homeless hygiene packs, I was reminded that individuals should not have to beg and go without basic necessities. People's health is more determined by physical presence. It is essential to look beyond the health problems and focus on the broader social determinants of health. Another example would be when working with the veterans, it was simple to look past the medical conditions they were dealing with, such as PTSD, and be able to communicate with them effectively.
- b. SGA donation at Lakeview for the Danville Rescue Mission, Burgwald Eye Center event, Basic Health Assessment patient volunteer, and Equine therapy at the VA.
- c. I gained insight into social connections in most of my volunteer opportunities. I was able to observe the patient and nurse connection these future nurses were portraying, which is important in affecting the population and community health needs.

4. Develop their ability to work collaboratively in a variety of settings. (Outcome #4)

- a. Provide examples of learning experiences that met outcome #4.
- b. State the location of the service-learning hours.
- c. How did the experience assist the student with their future nursing practice?

- a. I believe that all of these locations enabled me to achieve this learning outcome. I collaborated with the instructors to coordinate the drop off for the hygiene bags, I collaborated with fellow peers in my class on the organization of the safety during the Halloween event, I coordinated with instructors again on the time and place of the head to toe check offs, I collaborated with the students on passing their check offs, and I collaborated with veterans, and with the volunteer coordinator at the VA.
- b. SGA donation at Lakeview for the Danville Rescue Mission, Burgwald Eye Center event, Basic Health Assessment patient volunteer, and Equine therapy at the VA.
- c. The biggest thing in nursing is communication and collaboration, in my opinion. I believe that my ability to communicate and collaborate with such a diverse range of people has given me skills in organization and effective communication. This skill will be crucial in enhancing patient outcomes, leadership abilities, and effective communication within healthcare teams.

5. Learn about diverse cultural perspectives and develop a respect for cultural differences. (Outcome #5)

- a. Provide examples of learning experiences that met outcome #5.
- b. State the location of the service-learning hours.
- c. How did the experience assist the student with their future nursing practice?

- a. The volunteer locations I visited provided me with the opportunity to observe multiple cultural differences. I assisted the homeless population, veterans, workers at the VA, the Mahomet community, future nurses, and the staff at Lakeview. All of these interactions taught me the importance of kindness to everyone and the value of effective communication. I think the community that was the most different for me to communicate with was the veterans. I haven't had the pleasure of working with the VA, and this volunteer opportunity taught me a lot about the VA, the veterans, the equine therapy location, and the individuals who make it all possible.
- b. SGA donation at Lakeview for the Danville Rescue Mission, Burgwald Eye Center event, Basic Health Assessment patient volunteer, and Equine therapy at the VA.
- c. It is essential to be aware of each culture and recognize that everyone is unique. People view health differently, and as a nurse, you should be able to respect that and learn from your patient. It is important to know that communication styles, health beliefs, decisions on treatment, and family involvement can influence culture.

6. Observe organizational and community decision making styles and reflect on how these are utilized to promote health and wellness in communities. (Outcome #6)

- a. Provide examples of learning experiences that met outcome #6.
- b. State the location of the service-learning hours.
- c. How did the experience assist the student with their future nursing practice?

- a. I was able to observe the organizational skills during my volunteer work at the eye center. They organized us in a way that kept the community safe and ensured the event ran smoothly. I observed the decision-making skills of student nurses during their check-offs, as well as in assisting them to meet learning outcomes. I also observed that the VA supports veterans in helping with wellness and improving patient outcomes, as well as promoting mental health awareness.
- b. SGA donation at Lakeview for the Danville Rescue Mission, Burgwald Eye Center event, Basic Health Assessment patient volunteer, and Equine therapy at the VA.
- c. This learning outcome supports nursing outcomes by understanding how health care systems work. promoting population and community health, and leadership skills.

Meeting the service-learning outcomes will assist the student in meeting the program outcomes for graduation. Each student must meet all outcomes.

Meeting Program Outcomes

Service Learning outcome #1 meets program outcome # 5

Service Learning outcome #2 meets program outcome # 4 & 5

Service Learning outcome #3 meets program outcome # 4

Service Learning outcome #4 meets program outcome # 1 & 7

Service Learning outcome #5 meets program outcome # 6

Service Learning outcome #6 meets program outcome # 1