

Service-Learning Reflection Journal

After completing the required 20 service-learning hours, students will complete a reflective journal to communicate how each of the student learning outcomes was met. Students should complete each question pertaining to each outcome.

1. Develop a habit of critical reflection as they integrate professional values and leadership principles throughout their career. (Service Learning outcome #1)

a. Provide examples of learning experiences that met outcome #1.

- a. The first example was when I was helped at the employee flu clinic at Carle. By helping the flu clinic, I was able to see how leadership helped bring the flu clinic to the building when all employees were working so they can get their flu vaccine instead of making appointments at Occupation Medicine to get it. It was convenient for the employees. The other example is when I sat in on the VFC meeting because everyone showed respect for each other and leadership was involved. After that meeting, I can bring viable information to patients and still be professional.

b. State the location of the service-learning hours.

- a. Carle Flu Clinic and VFC meeting.

c. How did the experience assist the student with their future nursing practice?

- a. I will be able to apply both experiences to my future practice by having my professional values to support the things I believe in and be able to provide education to patients that don't share the same values while being respectful. With the flu clinic, not everyone agrees with getting the flu vaccine and that is okay. With the VFC meeting, I got a better understanding on all the type of vaccines that we can provide and if parents would have questions, I would be able to point them into the correct direction.

2. Incorporate an ethic of social and civic responsibility into their professional values and practice. (Outcome #2)

a. Provide examples of learning experiences that met outcome #2.

- a. Working in health care, you hear people express their feelings about getting the flu vaccine every year and I had the opportunity to sit down with someone who disagrees with this. It was a good learning experience and made me reflect on how I would approach this in the future. This can apply to the same concept of the VFC meeting because as nurses, we believe in vaccinating your children, but not some parents do, but we still need to respect their values. All that we can do is still educate the importance of receiving the vaccines.

- b. **State the location of the service-learning hours.**
 - a. Carle Flu Clinic.
- c. **How did the experience assist the student with their future nursing practice?**
 - a. By helping at the flu clinic, I kept all the patients' best interests in mind to help minimize the symptoms of the flu if they get it. Understanding the importance of getting the vaccine helped me communicate to patients and help them to understand why it is important to get the vaccine without it seeming as though I am forcing them. I respected their values and beliefs.

3. Develop an understanding of the complex underlying issues impacting family, population, and community health needs. (Outcome #3)

- a. **Provide examples of learning experiences that met outcome #3.**
 - a. The first example of how I met this outcome was when I volunteered at a car show which was raising money to donate to the Soup Kitchen and provide awareness. By spreading awareness for this location and how they can serve this community, it brings awareness of individuals struggling with everyday allows the community to know how they can assist these families. Knowing that there is a place where someone can go and get a hot meal means everything to them. By raising the money, we were able to donate every bit of it to the organization to help supply them with food or other essentials that they need. Lastly, within the school year, the college does various drives to get donations to donation to a variety of individuals.
- b. **State the location of the service-learning hours.**
 - a. Sundowners/Soup Kitchen Car Show and VFC Meeting and school donations.
- c. **How did the experience assist the students with their future nursing practice?**
 - a. This experience has shown a different culture that is on the rise, which is homelessness. The Soup Kitchen is a great resource to know about, for instance when a patient is struggling and needs a meal. It motivates me to do research on other locations that can provide services for the homeless population. With the VFC meeting, I am able to provide information regarding the different vaccines that children should get. By not getting the vaccines, the children are at risk for the disease and possible spread it to other in the community.

4. Develop their ability to work collaboratively in a variety of settings. (Outcome #4)

- a. **Provide examples of learning experiences that met outcome #4.**
 - i. While I was helping put together this car show, I was able to work with other organizations to raise donations for the Soup Kitchen. We ended up collaborating with 4 other organizations that donated items to the show for door prizes. All the prizes were raised in the door prizes and 50/50 were

donated to the Soup kitchen. It was fun to be able to help and collaborate with other organizations to put this show on and raise awareness.

b. State the location of the service-learning hours.

- i. Sundowners & Soup Kitchen Car Show.

c. How did the experience assist the student with their future nursing practice?

- i. This experience allowed me to see and understand how a community can come together to raise awareness for the local resources to support a community in need. I also now have the resources to provide patients if they are in need of help with basic living items and food.

5. Learn about diverse cultural perspectives and develop a respect for cultural differences. (Outcome #5)

a. Provide examples of learning experiences that met outcome #5.

- i. At the car show, for the soup kitchen, I interacted with a very diverse population as well as many different cultures. When I was talking to some individuals, I had to change how I spoke to them due to their cultural perspective, while still providing the same important information. For example, with the older population I had to talk in a manner that was calm with clear eye contact. Where if it was someone from Asian culture, I did not use eye contact because I know that is a sign of disrespect. There were a wide cultures and ages there that I was able to interact with.

b. State the location of the service-learning hours.

- i. Sundowners & Soup Kitchen Car Show and Carle VFC meeting.

c. How did the experience assist the student with their future nursing practice?

- i. The more I interact with other cultures, the more confident I become in communicating with them. This will help me in my nursing career as I will be more confident in the care, I provide for them as I have more of an understanding of their beliefs. Additionally, this knowledge and confidence will allow me to build the necessary trust with my patients as they will understand that I am helping provide their care while also respecting their cultural beliefs as much as I can. The last thing I would want to do is to disrespect someone in an accident. I would also know other ways to get the same information to them, like providing handouts or videos in their native languages.

6. Observe organizational and community decision making styles and reflect on how these are utilized to promote health and wellness in communities. (Outcome #6)

a. Provide examples of learning experiences that met outcome #6.

- i. When I was observing the meeting, it was an eye opener on how many patients do not get their scheduled vaccine. With being in the clinics, I understand how important for patients to follow-up as directed so that they can get their vaccines. Another thing that I learned was how to outreach to the community about getting their vaccines. The place where I work is putting up posters in the clinic.
- b. State the location of the service-learning hours.**
 - i. Carle meeting for Vaccine for Child (VFC) Meeting.
- c. How did the experience assist the student with their future nursing practice?**
 - i. This experience has opened my eyes to more knowledge of understanding the importance of childhood vaccines. I can apply this to my nursing practice by providing education to my patients about getting this vaccine for their self or their children. I would like to work in Labor and Delivery, so being able to provide information to the families about getting their children vaccinated is extremely important for the health and wellbeing of not only the child but the family in general.

Meeting the service-learning outcomes will assist the student in meeting the program outcomes for graduation. Each student must meet all outcomes.

Meeting Program Outcomes

Service Learning outcome #1 meets program outcome # 5

Service Learning outcome #2 meets program outcome # 4 & 5

Service Learning outcome #3 meets program outcome # 4

Service Learning outcome #4 meets program outcome # 1 & 7

Service Learning outcome #5 meets program outcome # 6

Service Learning outcome #6 meets program outcome # 1