Lakeview College of Nursing

3rd Semester Midterm Clinical Reflection Form

Student Name: Benjamin Ruettiger

Date: 10/20/2025

Course/Clinical Instructor: N431 - Gina Brassard/Travis Whisman

Clinical Site: Sarah Bush Lincoln

1. Describe a clinical situation this semester that had a significant impact on your learning. What made it meaningful to you?

I had a patient in the ICU that was accidentally overdosed on ketamine by a nurse in an emergent situation. I had him after he was extubated, and it stuck with me because it really reassures the fact that we, as nurses, need to double check the ordered dose vs. the stocked dose from pharmacy to prevent a situation like this.

2. What nursing skills have you become more confident in since the beginning of the semester? Provide specific examples.

I have become more confident in administering medications since the beginning of the semester. I have had the opportunity to draw up doses and administer them many times in this clinical setting. One example of this was when I had a patient who was close to becoming a hospice patient, and I was able to give her the PRN doses of comfort medications, which kept me on my toes during the shift.

3. Identify one area where you feel you still need improvement. What steps are you taking to grow in this area?

I feel like I need more improvement on charting all of the assessments during the clinical shift. One step I am taking to grow in my charting skills is to sit with the nurse at clinical and chart my own assessments while I ask them questions.

4. How have you applied classroom knowledge to patient care in the clinical setting? Give an example.

I have applied knowledge of heart rhythms in the ICU in the clinical setting. I was able to differentiate between second and third degree heart block on one of my patients receiving cardiac monitoring.

5. Discuss how you've incorporated therapeutic communication with patients, families, or the healthcare team. What was the outcome?

I speak directly to the patients, families and healthcare teams. If I have any questions, I ask them. The outcome has always been received positively, and they have shown appreciation for that.

6. Describe how you have demonstrated professionalism and accountability in the clinical environment.

I demonstrate professionalism and accountability by showing up on time, fully prepared, and ready to give high quality care. I never administer or assess patient's with deficient knowledge, and if I have questions.

7. Have you had the opportunity to collaborate with interdisciplinary team members? Describe the experience and what you learned.

Yes I have. I have talked with the rounding team of physicians, pharmacy staff, social workers, and APRNs during rounds in the ICU. I learned how important it is to have a team of multiple disciplines to give a well-rounded and best practice for treatment.

8. Reflect on how you've prioritized and managed your time during clinical shifts. What strategies have been effective or need improvement?

I manage and prioritize my time by looking at the patients charts. I also go off report from the previous shift to see what patient has the highest priority of need. I do think I could improve on looking through the chart for medication administration to prioritize PRN medications.

9. How have you handled feedback from your clinical instructor or staff nurses? Provide an example of how you applied it.

I always appreciate feedback from my clinical instructor and staff nurses. One of the nurses I was with gave me feedback on emptying foley catheters on an ICU patient, because I emptied it all at once when we should have been documenting the output every hour.

10. What are your clinical learning goals for the remainder of the semester? How do you plan to achieve them?

My learning goals include continuing to have a variety of patients and learning how to prioritize their needs. I plan on achieving them by continuing to ask questions and gaining experience.

Student Signature: *Benjamin Ruettiger*

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Instructor Comments (Optional):