

N321 Adult Health I

Clinical Reflection Form

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Mid Term Journal

1. Discuss how you are feeling so far in clinical?

So far in clinical, I feel like I have learned a lot and have gotten to use my nursing skills that we have learned thus far. I was able to give an IM injection in the ER and start IV fluids. I was able to pass meds for June on all her patients and practice giving IV medication on a particularly difficult patient. I have taken out a Foley and a rectal tube, along with help with wound dressings. I do feel like I need to be better at voicing things and practicing nursing skills.

2. What have been good experiences?

So far, every day has been a good experience. I got to see a lot of scopes in the OR, and I got to see a lot of different patients in the ER. I did have a good experience on the Med/Surg floor. I had a great time with June. She taught me a lot, and I was able to help with all of her patients and learned a lot from them. My patient was super funny, and he had fun asking me questions about school and talking about himself.

3. Have there been any bad experiences? Are you nervous about a skill or communication?

There have not been any bad experiences. The only bad thing that I have experienced was getting a rude patient in the ER, but that can happen. The only bad thing about it was how the patient had dementia, and the family was not helping when we were talking to the patient. Cory, the ER nurse I was with, handled the situation very calmly and professionally. I did learn a lot from that experience.

There is no skill that we have learned that I am particularly nervous about. I am just nervous that when it comes to the time to do a skill, I'm not sure how my nurse is going to act. I have been good at communicating with my nurses to tell them that if I have yet to practice the skill, they should just talk me through it as I'm doing it. Such as giving IV medication or the IM injection I had to give in the ER. The charge nurse was with me, and she talked me through the whole experience and explained to the patient that I was a nursing student and that I would be giving the injection. She told me exactly how to prep the skin and how to angle the needle. She said I did a good job, just that the next time giving that specific injection, patients are not already wanting to get it, so we need to act fast.

4. Do you need to talk with anyone in private to discuss clinical?

No, I do not need to talk to anyone in private to talk about clinical. I feel like I am open when I have questions about an assignment, and if I forget to ask, I normally ask a classmate if they know. If they don't, then I will reach out to my instructor.

5. Is there anything else you would like to mention?

The only thing I would like to mention is how I do not get along very well with a few of my classmates that I have clinical with. I do not want to name them, but there are two classmates who are not prepared and always ask for help or to tell them what to do. I do not like to be mean, but at the same time, we are all expected to be prepared prior to coming along with being comfortable with clinical. That is one issue that I have been having with every class and clinical are these two classmates.