

N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to Infant, Child and Adolescent Nursing Care?

This clinical sight relates to infant, child, and adolescent nursing care because you are witnessing a nurse caring for children. I witnessed the school nurse care for children ranging from Kindergarten to fifth grade. Children coming into the nurse's office varied in age and development. It's important to understand how to care for children when being a school nurse because children are vastly different from adults, and not only do you have to consider their well-being, but their developmental level as well when caring for them. Without a basic understanding of infant, child and adolescent nursing care then this job would be hard to do.

2. How were you an engaged pediatric nursing professional today?

I was able to be an engaged pediatric nursing professional by asking plenty of questions, lending a helping hand, making suggestions, and participating. I always make sure to ask plenty of questions regarding the job that I am watching, to better fully understand why things are done the way they are. I was able to lend a helping hand by giving out ice-packs to students as they came in due to the nursing having an influx of students come in for medications. I made suggestions with the nurse about how things could be organized more efficiently in her office. I was also able to participate in starting a tube feed on a 3rd grader.

3. How did you contribute to the service provided by the clinic nurse today? If you think you did not contribute, why not?

I was able to contribute to the service provided by handing out ice packs, administering a tube feed, and asking questions. Helping to hand out ice packs to children while the nurse was busy caring for other students was a way for me to help her out. The nurse let me start a 3rd grader's tube feed since I wasn't able to do much "nurse actions", by her standards. The nurse was new to being a school nurse; she had only just started in August, and so I felt that asking as many questions as I did helped her learn new things that she would not have realized without me asking.

4. Name 3 ways this clinical site impacts Pediatric health?

Without school nurses, I feel that children would suffer the consequences. The school nurse gives appropriate medication when needed while also checking vitals, they consider the child's overall well being, and they monitor children for signs of abuse. A school nurse knows that when a child comes in to their office needing their rescue inhaler that they should be listening to their lungs and checking their O2 levels. A school nurse knows to consider more than just a child's health, such as their home life. A school nurse also knows to monitor children for signs of abuse that may not be as obvious to a teacher.

5. What are the health risks of the population served during today's clinical based on your observations today? List and describe at least three health risks.

Some of the health risks to the population served would be genetics, socioeconomic, and lifestyle. I was able to observe children with type 1 diabetes who had a Dexcom and an Omnipod. Some socioeconomic health risks that were observed were language barriers, low income families, and lack of access to healthcare. Lifestyle health risks that were observed was a child that acted out with lack of sleep due to sharing a room with their new baby sibling that wakes constantly through the night. All of the children who visited the nurse's office for a change of clothes did not have any.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this.

Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

The health risk that was identified in question 5 was genetics. The child was a type 1 diabetic, with a Dexcom glucose monitor and an Omnipod for their insulin. The child is at risk for unstable blood glucose levels related to inadequate dietary intake (Phelps, 2023). The child will verbalize understanding of how to control blood glucose level (Phelps, 2023). The child has no episodes of hypoglycemia or hyperglycemia during the school day (Phelps, 2023). The child has glucose readings within the prescribed range during the school day (Phelps, 2023). The child verbalizes the glucose management plan during the school day (Phelps, 2023).

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

Does this type of nursing practice appeal to you? Why or Why not?

I really enjoyed this clinical site. I thought it was fun and insightful. Though the experience was a little boring due to not doing many nursing skills, it was nice to witness the things they did do. I have considered this type of nursing, because I like kids and I have three kids of my own so I've looked into this path as a way of having the same schedule as them. This clinical site has made me really consider that I should substitute as a school nurse, even if I never leave the hospital. I do love the aspect of working with school age children and being there for them, to help when their home life isn't so great.

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____