

N321 Adult Health I

Clinical Reflection Form

Name: Hazelyn Hunter

Date: 10/8/25

Mid Term Journal

1. Discuss how you are feeling so far in clinical?
  - a. I always feel great about clinicals! I enjoy waking up and wondering what I will see and experience for the day. When I am on the floor I love passing and giving medications while also gathering information for a care plan. I like digging in the charts and learning about each person. I feel like I have learned a lot from each of my nurses that I have shadowed, and I love going to the rotated sites for the first time. I have never been around the hospital besides clinical and I wouldn't change my future career at all because I get excited to see just about anything!
  
2. What have been good experiences?
  - a. I consider everything I do at clinical a good experience. The first big thing that I saw was a chest tube insertion and it just felt so "real" and simply cool! I just got so happy about seeing it and that the man felt better almost immediately. I also enjoy all the different diagnoses people have because I love the aspect of thinking about what someone could have. Sometimes I think I know too much though and automatically think the worst thing possible which is okay! I also love learning how to reconstitute different medications that I have never seen before!
  
3. Have there been any bad experiences? Are you nervous about a skill or communication?
  - a. I have not had a bad experience at all and if I was nervous about a skill or communication I would ask for help but I feel moderately comfortable with everything I have been introduced to. If I have an opportunity to do something new I will more than likely be the first person to jump in and volunteer!
  
4. Do you need to talk with anyone in private to discuss clinical?
  - a. Nope :)
  
5. Is there anything else you would like to mention?
  - a. Professor Henry is a great instructor, and I feel very comfortable asking questions because I know she will explain it in a way that I can further understand!