

## N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359).

**Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to Infant, Child and Adolescent Nursing Care?

This clinical experience was in a pediatric office which focused primarily on education, prevention, and treatment of infants until 18 years of age. During this clinical, the nurses spent their time reviewing charts, answering questions on MyCarle, documenting, and relaying information between providers and parents. One of the primary focuses of this office was preventative care by administer immunizations. The Center for Disease Control (CDC) provides recommendations for vaccine schedules for children, and this office adheres as closely to that as parents will allow. The CDC provides information and guidelines pertaining to this office regarding vaccines from birth to 18 years of age (CDC, 2025). During the clinical, the nurse discussed two afternoon appointments for a 17 year old coming in for a meningococcal vaccine and 1 month old infant twins coming in for hepatitis B.
2. How were you an engaged pediatric nursing professional today?

In this setting, I was unable to perform any nursing care or documentation. I have not received my username or password to access charts, and my classmate's information did not work at the Riverfront location. The nurses do not provide patient care any longer. This was taken over by the CMAs. The nurses are responsible for communication on MyCarle, documenting interactions from MyCarle, and communicating between parents and providers. I am not permitted to do any of the nursing duties at this facility as it is not in my scope of practice within their guidelines. Dana tried her best to be helpful and answer questions, but ultimately, she suggested we work on homework or visit with each other because there was nothing for us to do there.
3. How did you contribute to the service provided by the clinic nurse today? If you think you did not contribute, why not?

I tried to contribute to this office, but I was unable to do so due to restrictions within the office and not having my username/password information. I thought this would be similar to the pediatrician's office my children go to which is a more personal interaction, but they restructured this facility and changed nursing duties. I was very much looking forward to caring for children, talking to parents, and being in this setting. This was not at all what I anticipated. I asked if I could shadow the CMA to get some patient interaction, and was told I needed to stay with the nurse due to liability issues.
4. Name **3** ways this clinical site impacts Pediatric health?

This clinical site strongly advocates for illness prevention via vaccinations, educating parents about risks for certain conditions, medical conditions, and treatments for current illnesses. They see children for well-visits, physicals, sicknesses, screening for things such as ADHD,

and referrals as needed. By implementing primary, secondary, and tertiary care and having such a strong interaction with the parents/caregivers, this facility provides as much holistic care as possible for children and families. They also offer great recommendations to families. I also discussed The Lighthouse Autism Center with my nurse, since we had a clinical there in spring semester. They have patients who are autistic, so we discussed how that facility is ran, and she said she would look into it and definitely keep that in mind for families.

5. What are the health risks of the population served during today's clinical based on your observations today? List and describe at least three health risks.

Some of the most common risks among this population are common colds, strep throat, gastrointestinal illness, influenza, and asthma related issues due to the season and harvest. Dana informed me they rarely see chicken pox or those kinds of childhood illnesses due to vaccines. They focus strongly on education, treating symptoms to alleviate discomfort and prevent further issues. A primary tool they use is MyCarle. That can be very helpful because infectious children are not all gathered in one space sharing their illnesses. The nurses triage the patients when possible via MyCarle, and then make suggestions to the parents on treatments, bringing them in to the provider, or going to the emergency room based on the information the parents provide.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

One of the issues discussed was a two-year-old child with diarrhea and a diaper rash. This child had a risk for imbalanced fluid volume related to excessive fluid loss as evidenced by multiple diapers containing diarrhea. Measurable goals would be to stop the diarrhea and not become dehydrated. Interventions would include pushing fluids, monitoring the patient's status for mental impairments, input and output monitoring, and applying a diaper rash ointment to prevent further skin breakdown. I would suggest to the mother to avoid juices which can exacerbate diarrhea, keep a barrier cream on the child, make sure the child is has at least 4-5 wet diapers in a 24 hour period, and to take them to the emergency department if the child spikes a fever, has changes in mental status, becomes very lethargic, or if the mother feels the child's condition is worsening to the point she is uncomfortable.

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice? Does this type of nursing practice appeal to you? Why or Why not?

After having a clinical at this facility, this type of nursing care likely will not appeal to me until I am too advanced in age to provide bedside patient care. This is exactly the type of setting I will actively work to avoid. I enjoy people, especially children, and very much want to work closely with patients. Sending messages back and forth over a server is not my ideal setting. I like to see faces, help families, play with the children, and have a relationship with them. I very much want to be the nurse that the children see and run to because they are excited I am there. I will never get that from a computer.

References:

Centers for Disease Control and Prevention. (2025). *Child and adolescent immunization schedule by age (addendum updated August 7, 2025)*. Retrieved October 6, 2025, from <https://www.cdc.gov/vaccines/hcp/imz-schedules/child-adolescent-age.html>

**N433 Grading Rubric Nurse Shadowing Clinical Paper**  
**50 Total Points Possible**

<b>CRITERION</b>	<b>POOR</b>	<b>FAIR</b>	<b>GOOD</b>
<b>-Concise and Complete</b>  <i>Total Weight- 5 points</i>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <b>Weight-1 point</b>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <b>Weight- 3 points</b>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <b>Weight- 5 points</b>
<b>Critique of experience-Evaluation and Rationale for your comments</b>  <i>Total Weight- 10 points</i>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <b>Weight- 1 point</b>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <b>Weight- 5 points</b>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <b>Weight- 10 points</b>
<b>Thoughtful Reflection- How will this affect your practice, or will it?</b>  <i>Total Weight- 10 points</i>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <b>Weight- 1 point</b>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <b>Weight-5 points</b>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <b>Weight-10 points</b>
<b>APA Format Correct</b>	<ul style="list-style-type: none"> <li>- Lack of APA format.</li> </ul>	<ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> </ul>	<ul style="list-style-type: none"> <li>- Correct APA format.</li> </ul>

<p><b>spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Paper contains few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>
<p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>		<p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>

**Total Points \_\_\_\_\_**