

## Noticing

1. What did you notice during your mental status examination of the client? Were there any assessments that were abnormal or that stood out to you?
  - I noticed that during the mental status examination, he was very willing to answer all my questions without any hesitation or discomfort. I didn't find any assessments that were abnormal or that stood out to me. One thing I found surprising is that I didn't think he would be so open and willing to share his stories with me. Since it was my first time meeting him, I thought he would be a little closed off, but he was very excited to see someone new!

## Interpreting

2. If something stood out to you or it was abnormal, explain it's potential cause or patterns that you noticed. Describe any similar situations you have experienced, as well as similarities or differences between the experiences. Is your interpretation of the situation links to pathophysiology at all, if so briefly explain.
  - Nothing was really abnormal, but I think he usually has a bright personality. I was a little surprised because I'm not the type of person to approach someone first. I would rather wait for the other person to come talk to me. That part was a bit different, but other than that, everything looked like the way it should go.

## Responding

3. What additional assessment information do you need based upon your interpretation? What can you do as a nursing student? What could you do as a nurse? What therapeutic communication techniques did you utilize?
  - I asked him a lot of questions because his life was very different from my life, which is very typical. No one lives the same way, no one grows up the same way. It was very interesting to hear the stories. As a nursing student, I believe that active listening is crucial. Some people there can feel very lonely because they don't have any family members or friends who come to visit and talk to them. As a nurse, active listening can also be a very important thing to do. It helps the

client not to be lonely, and as a nurse, it can be important for assessment.

### Reflection

4. What is something that you learned? What is something that you might do differently in the future? What is something that you did well? What additional knowledge or skills do you need to help you with future situations like this. Describe any changes in your values or feelings based on this interaction.
- I learned that someone might look intimidating, but don't judge a book by its cover. I think I might try to approach someone first next time and not judge them by their appearance. I think that I did well of continuing conversations.

### Noticing

5. Why did you choose this additional assessment? What did you notice during your additional assessment of the client? Were there any assessments that were abnormal or that stood out to you?
- I chose the CAGE questionnaire because he was here for an alcohol withdrawal program. He chose to be in this program because he wanted to get clean. I noticed that he had some relapse stories, but this time he really wanted to get over alcohol. There weren't any assessments that were abnormal or stood out to me.

### Interpreting

6. If something stood out to you or it was abnormal, explain it's potential cause or patterns that you noticed. Describe any similar situations you have experienced, as well as similarities or differences between the experiences. Is your interpretation of the situation links to pathophysiology at all, if so briefly explain.
- The reason why I was intimidated at first by him was that he did not smile. He just had a straight face, and that kind of made me nervous and not want to approach him. I also often receive comments that I don't smile much. A lot of people told me that I was hard to approach because I didn't smile. It felt weird to receive those comments, but now I realize how people might feel.

## Responding

7. What additional assessment information do you need based upon your interpretation? What can you do as a nursing student? What could you do as a nurse?
  - I didn't really need any other additional assessments. I think just keeping up conversations was the best way to assess my client. As a nursing student and as a nurse, it is important to build trust with the patients that we are taking care of.

## Reflecting

8. What is something that you learned? What is something that you might do differently in the future? What is something that you did well? What additional knowledge or skills do you need to help you with future situations like this. Describe any changes in your values or feelings based on this interaction.

I learned that everyone has their own story. I would like to maybe share some of my experiences if I do have any on the topic I am having the

conversation with.

