

N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to Infant, Child and Adolescent Nursing Care?

This clinical site relates to Infant, Child, and Adolescent Care, as the nurse is caring for school-aged children throughout the day. As a school nurse, their job is to focus on the needs and health of the children who attend the school. School nurses keep the children's health records straight, ensure their screenings are up to date, and give the children their medications when it comes time for them to take them. Also, if there is a medical emergency during the school day, such as a seizure, the school nurse is responsible for knowing that child's plan of care and supporting them during and after the seizure.

2. How were you an engaged pediatric nursing professional today?

I was an engaged pediatric nursing professional today by helping answer questions that the kids came into the office with, and even sat and talked with a student while we waited for his parent to pick him up after he got sick. I was able to educate a few students on the proper handwashing technique and explained how important it is in stopping the spread of bacteria. I also comforted a child who had an accident and helped them change into a new pair of pants. Throughout the day, many students came in to talk with the school nurse. During this, I would actively listen to the children and provide them with education on their questions to help answer them to the best I could.

3. How did you contribute to the service provided by the school nurse today? If you think you did not contribute, why not?

I contributed to the service provided by the school nurse during my clinical by helping the school nurse give the students their medications, tending to cuts that occurred when the students were at recess, and helping the children learn how to properly use their inhalers by themselves. I helped a nurse evaluate a student who was suspected of having hand, foot, and mouth disease, then helped explain the importance of having the child taken to the physician to the parent of the child. I also listened to the lungs of a student who was slightly wheezing since she had not used her inhaler that morning. Not to mention, I asked many questions about what school nursing is all about and was able to gain valuable insight into the job of being a school nurse.

4. Name 3 ways this clinical site impacts Pediatric health?

Three ways this clinical site impacts Pediatric health are early identification and management of health issues, health education and promotion, and chronic condition support and emergency care. Early identification and management of health issues is done when school nurses screen students for vision, hearing, and early symptoms of asthma and diabetes. School nurses are also about to catch onto signs of developmental delays. Health education and promotion is done as school nurses educate on nutrition, hygiene, and healthy lifestyle habits. Specifically, the school nurse I was with taught the children who had asthma how to use their inhalers by themselves, as this is an important thing for these kids to know. Chronic condition support and emergency care are provided when the school nurse helps students with asthma, epilepsy, and diabetes manage their conditions.

5. What are the health risks of the population served during today's clinical based on your observations today? List and describe at least three health risks.

Health risks of the population served during the school nurse job shadowing clinical include communicable diseases and infections, chronic health conditions, and safety hazards and injuries.

Communicable diseases and infections such as the flu, lice, and strep throat are often easily transmitted

among school-age children. This is due to the children sharing the same surfaces and poor hand hygiene. Chronic health conditions such as asthma, epilepsy, and diabetes are common conditions that school-age children have and require the school nurse to help manage them. Safety hazards and injuries are also common health risks among the school-age population, as injuries can often occur on the playground, in sports, and from falls.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this.

Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal. I chose the health risk of communicable diseases and infections. A nursing diagnosis for this health risk is risk for the spread of infection related to shared surfaces and supplies as evidenced by hand, foot, and mouth disease being present in the school (Phelps, 2022). A measurable goal for this nursing diagnosis is that by the end of the month, the number of children with hand, foot, and mouth disease will decrease by 50% with the implementation of infection control precautions. Three nursing interventions to achieve this goal are to teach and demonstrate proper sanitizing of surfaces and supplies, supply classrooms with hand sanitizer, and teach and demonstrate the proper handwashing technique to children and staff (Phelps, 2022).

7. How will your experience during the School Nurse job shadowing impact your Nursing practice? Does this type of nursing practice appeal to you? Why or Why not?

My experience during the school nurse job shadowing will impact my nursing practice by allowing me to have a better insight into the importance and role of a school nurse. School nursing is very different compared to working in a hospital. From documentation to protocols, school nursing is unlike hospital nursing. However, as this was my first pediatric clinical, I learned valuable things when it comes to working with children and educating them. The things I have learned from this clinical will allow me to become more confident in my nursing practice when working with children in my future clinicals. This

type of nursing practice does not appeal to me. I prefer a faster-paced environment, and I believe that overall, I do not want to work in pediatrics.

References:

Phelps, L. L. (2022). *Nursing Diagnosis Reference Manual: Twelfth Edition*. Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions</p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p>

<p>are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>Weight- 1 point</p>	<p>Weight- 5 points</p>	<p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____