

## N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to Infant, Child and Adolescent Nursing Care?

This clinical site related to infant, child and adolescent nursing care because we were helping adolescents with their struggles throughout the day at school. We cared for clients who were able to speak for themselves without a family member speaking over them. This clinical showed me the ways kids often get injuries at school from simply messing around or goofing off, getting a bump on the head to closing their fingers in the door to even a child that has recurrent seizure activity that is still unmedicated by the doctor, the school nurse is able to help all these kids in different ways. By experiencing this clinical site, it showed me just how different school nursing is from bedside nursing.

2. How were you an engaged pediatric nursing professional today?

Today as a student nurse, we performed a lot of vision tests and hearing tests, if the child failed the hearing or vision test the school nurse is responsible for seeing a letter home to inform the parents that the child needs to go to the eye doctor or go somewhere that can address their potential problems with hearing. Along with hearing and vision tests we gave a couple children medications at lunchtime, gave ice packs for bumped heads and hurt fingers, handed out a lot of feminine hygiene products and supplied a lot of additional clothing for accidents and dress codes. Lastly, we got to talk and laugh with students throughout the day who would stop in just to say hello to the nurse.

3. How did you contribute to the service provided by the clinic nurse today? If you think you did not contribute, why not?

I contributed to the services provided by the nursing by watching vision tests completed and testing the vision machine when students questioned if the machine was correct, I also showed the students how to complete the test by sitting and reading the letters from a line that was asked of me. As well as helping with the vision tests I learned how to chart within the school's system, when it's time to reach out to home about vision and hearing problems. Secondly, I contributed to care by helping hand out pants when a student needed them from an accident, feminine hygiene issue, or if they were dress coded.

4. Name 3 ways this clinical site impacts Pediatric health?

This clinical site impacts pediatric health by allowing the pediatric client to speak for themselves, because often times a family member is speaking for a client that is old enough to speak for themselves. Secondly, it allows the client to evaluate if they are truly hurt or not, as a student they needed a pass to visit the nurse and they are only allowed so many passes therefore oftentimes students only went to the nurse if they truly were injured. Lastly being a school nurse is a reward because often times, school nurses can help the parents fight for a diagnosis, for example we had a student who had regular seizure activity and the physician did not believe the parent therefore the school nurse wrote a letter for the parent to take to the next appointment to

help state she has seen what happens during the clients “episodes” and believes that it is a real problem and that they are not faking it.

5. What are the health risks of the population served during today’s clinical based on your observations today? List and describe at least three health risks.

Health risks that I observed today at my clinical rotation, I observed parents not being involved enough to take the child to the eye doctor to get glasses after being told multiple times that the child needed glasses. Secondly, I observed a health risk of anxiety and depression, so many students were out of school permanently because they have such bad anxiety they cannot physically go to school, and they go to online school. Lastly, I observed the risk for bullying or simply being in a fight because children do not know any better anymore, parent act like a fool so the student thinks they can act like a fool as well. Bullying can happen for multiple reasons such as age, lower socioeconomic status, physical appearance, parental education levels, and health status but mostly in this case it is because they children were not taught that bullying is bad or a not appreciated behavior (Rudd et al., 2023). Although I did not personally experience it, the school nurse was telling me about how just a couple days ago, they were on a 4-hour lockdown related to fights and bullying and the parents did nothing, she said they didn’t care or would say my student would not do that and personally I think that puts people are risk.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

The health risk I choose as the anxiety risk. I choose this because young adults and adolescents should be getting the daily school interaction, it helps with there development. Risk for depression related to anxiety as evidence by being homebound (Phelps, 2024). A nursing intervention is to slowly introduce the student back into school such as go for one class period then go home to do online and slowly increase the amount of time in school until the student can go full time. A second intervention is to provide the student with outlets of understanding such as therapy or a social worker, by doing this allows the student to talk about their feelings, wants, and needs. Lastly, as a nurse we can teach the client about ways to calm down with they feel their anxiety starting to build up such as a 5-minute break and cool, down a breathing exercise, a walk around the hallway, all of these can help calm a person down when feeling overwhelmed. Lastly, we can measure this by setting a goal of within 3 months the student can stay at school for 1 full day a week.

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice? Does this type of nursing practice appeal to you? Why or Why not?

My experience shadowing will impact on my nursing practice because it allows me to see and understand that not everyone is able to be cared for in the same way some people aren’t cared for at all and sometimes it’s as if the child is an afterthought as if there are more important things than providing everything the child needs. It allowed me to understand that not all students are equal in-home life. Personally, a school nurse could be interesting as a short-term profession, although I do not feel I could do it long term at least at the location I was at. There was a lot of violence between children in my student school, therefore we couldn’t be a nurse as much as we were babysitting and breaking up fights before they started and separating people before any escalated. Although I most likely not enjoy a job as a school nurse it was still a wonderful experience to be provided within my education.

## **Resources**

Phelps, L. L. (2024). *Nursing diagnosis reference manual*. Wolters Kluwer.

Rudd, K., & Kocisko, D. M. (2023). *Davis Advantage for pediatric nursing: Critical Components of Nursing Care*. F.A. Davis Company.

**N433 Grading Rubric Nurse Shadowing Clinical Paper**  
**50 Total Points Possible**

CRITERION	POOR	FAIR	GOOD
<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-1 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 3 points</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 5 points</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-5 points</b></p>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-10 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>
<p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>		<p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>

Total Points \_\_\_\_\_