

Mental Health Ticket To Enter Unit 3

1. Who is at a higher risk for suicide? What places a client at risk for Suicide?
2. A client has a history of suicide attempts and is currently at a high risk of suicide. What would you need to implement or evaluate to assure safety? What question would you ask the patient?
3. T or F: A high school student recently completed suicide. Other high school students who attend this school are not at an increased risk of suicide.
4. What is the Columbia Assessment and what does it measure?
5. T or F: A client comes to the primary care provider and the nurse does a PHQ-9. The score is 12. The nurse does not need to ask if the patient is suicidal.
6. A client is having passive thoughts of suicide, depression, and feelings of hopelessness. "I'm useless, I shouldn't have survived". Which answer is the best open-ended statement?
 - a. Why do you feel this way? You have so much to live for.
 - b. What I hear you saying is you feel like you have no value.
 - c. It's normal to have feelings of hopelessness when you are depressed.
 - d. Many patients feel that way when they are depressed.
7. What is seasonal affective disorder and what is helpful for treatment?
8. You are instructed by the provider to teach the patient and their family about major depressive disorder. What should you educate?
 - a.
 - b.
 - c.
 - d.
9. T or F: A patient has a change in behavior after multiple days of treatment in the inpatient setting after starting on an antidepressant. You noticed the person went from poor hygiene and

sadness to now clean, cheerful, relaxed, and no longer depressed. The nurse knows this person is at an increased risk of suicide and needs to monitor the patient by implementing safety checks.

10. What is SigeCaps?

11. What are the symptoms of depression in adolescents? What are somatic symptoms?

12. What is postpartum depression and when does it begin? What is postpartum blues and when does it begin?

13. What is Electroconvulsive Therapy (ECT)? What education would you give the patient?

14. What is the difference between bipolar 1 and bipolar 2 disorder?

15. What is the therapeutic range while taking Lithium? What are the signs and symptoms of Lithium toxicity?

16. What is Steven-Johnson syndrome? What mood stabilizer can cause this?

17. What are some symptoms of mania?

18. A patient on the floor with bipolar 1 disorder is experiencing mania. What are some nursing interventions the nurse should implement in the plan of care?

19. What is the difference between tangential thoughts and flight of ideas?

20. What medical conditions can contribute to symptoms like mental health disorders?