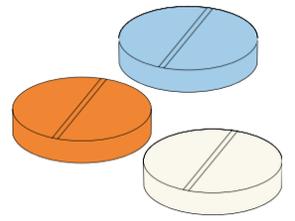


WHAT IS ADHD?

Definition

Attention-deficit/hyperactivity disorder (ADHD) is one of the most common neurodevelopmental disorders among children in the United States



Symptoms

There are two major groups with ADHD. Inattention, hyperactivity/and impulsivity are symptoms of ADHD.

Risk factors

- **Exposed to toxins**
- **Low birth weight**
- **Preterm birth**



Statistics



15.5 million*

U.S. adults (6%) currently have ADHD



Nearly 1 in 3

adults with ADHD report taking stimulant medication



Almost half

of adults with ADHD have used telehealth for ADHD care

*Data from CDC's National Center for Health Statistics Rapid Surveys System, Oct-Nov 2023

Treatment



Psychological counseling



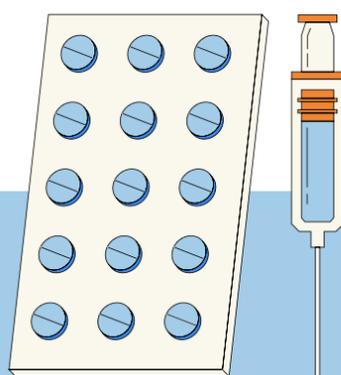
Medication



Working on relationships



Lifestyle changes



Don't let it stop you from living the best life