



Individual Performance Profile

Individual Name: Alaska Anacker
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Institution: Lakeview CON
Program Type: BSN

Please note that time spent on your Individual Performance Profile reflects only conversations fully completed.

Time Use and Score			
Professionalism and civility in nursing practice	Date	Time Spent	Score(Points)

Practice:Rio	09/06/2025	06:20	Complete
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Scenario

You will practice using evidence-based techniques like “I” Statements, Open-ended Questions, and Emphasizing Shared Interests to look for ways that communication and your working relationship can be improved

Overall Engagement

Overall Engagement

0 of 0 points

Selected option:
Exemplary
You've successfully completed this learning experience.

Rationale:

Rio feels heard and is willing to give a little too. You found some really productive ways to talk about communication issues, which resolved some of the tension with Rio. It was brave to ask for her perspective and suggestions. Your approach also helped Rio reflect on her contributions to the situation. She'll be more likely to give you the benefit of the doubt in the future.

Communication Technique Feedback:

Points on technique separate from overall points

Asking Open-Ended Questions

0 of 0 points

Rationale:
There were several types of open-ended questions in this conversation. In particular, seeking different perspectives is an important aspect of the Appreciative Inquiry model. You can learn more about this and other evidence-based models in the Resources section in the main menu.



You were wise to say, "I wanted to get your perspective on what happened." This isn't a question, but it served the same purpose of inviting Rio to share what's on her mind. You also asked other open-ended questions, such as:

"So you said I could work on being better with the team. Can you tell me a little more about that?"

Focusing on Shared Interests

0 of 0
points

Rationale:

Another aspect of Principled Negotiation is focusing on shared interests. Finding common goals can help move people closer to a shared understanding or even a plan.

You reminded Rio that you both put clients first on multiple occasions. This was a good way to show her that you want to work as a team. Here's one example:

"It seems like we both care about what's best for clients, and if we both give a little, we can gain a lot."

Using "I" Statements

0 of 0
points

Rationale:

"I" Statements often involve taking responsibility or acknowledging one's own contribution and are an important part of a method called Principled Negotiation. They defuse tension and help prevent defensive reactions. You can learn more about Principled Negotiation and other evidence-based approaches in the Resources section of the main menu.

There were multiple moments when you used "I" Statements and took responsibility for your behavior. As a result, Rio was more open to your concerns. Here's one example:

"It's hard for me to speak up when the team is so busy. I need to just do it, though."