



**Simulation:** Civility Mentor

**Module:** Professionalism and civility in the academic environment

## Individual Performance Profile

**Individual Name:** Alaska Anacker

**Student Number:** 8773159

**Institution:** Lakeview CON

**Program Type:** BSN

**Please note that time spent on your Individual Performance Profile reflects only conversations fully completed.**

### Time Use and Score

| Professionalism and civility in the academic environment | Date       | Time Spent | Score(Points) |
|----------------------------------------------------------|------------|------------|---------------|
| Practice: Travis                                         | 09/04/2025 | 09:26      | Complete      |

#### Scenario

Travis hasn't been himself lately. He stopped hanging out with people, seems distant and irritable, and disrupted a skills lab. Play the role of his classmate, Jesse, and find out what's going on and how you can help.

#### Overall Engagement

##### Overall Engagement

0 of 0 points

**Selected option:**

You made 0 minor mistakes and 1 major mistakes in this conversation.

##### Rationale:

No rationale available for this conversation.

#### Communication Technique Feedback:

Points on technique separate from overall points

##### Asking Open-Ended Questions

0 of 0 points

**Rationale:**

You asked open-ended questions, which can't be answered with just one or two words. They're a great way to invite people to share their thoughts or brainstorm ideas. Here are some open-ended questions you asked:

"What would you say to a client who was stressed out?"

"What else might help you feel better?"

There was one time you gave Travis some unsolicited advice or argued with him:

"You think you're the only one who's having a hard time?"

In general, it's more helpful to understand the person you're talking to before trying to give advice or argue a point. A



lot of times people already have the information and ideas they need to solve a problem, and what they most need is someone to help them think things through.

## Making Neutral Observations

0 of 0 points

### Rationale:

Good job using neutral observations to bring up topics of concern and encourage Travis to open up. Here are some neutral observations you made:

"Sounds like your de-stressing strategy may be stressful."

"We worked on a project and it went great. What's going on?"

You avoided making judgmental statements (like "You got yourself into a bad situation") or negatively labeling Travis's behavior (like "We think you're depressed"). Good work!

Practice: Refer Travis

09/04/2025

03:08

Complete

### Scenario

Continue in the role of Jesse and talk to Travis about counseling services on campus

## Overall Engagement

### Overall Engagement

0 of 0 points

#### Selected option:

Exemplary

You've successfully completed this learning experience.

### Rationale:

You did an excellent job communicating effectively and keeping the conversation with Travis civil and respectful. You consistently listened well, kept an open mind, and used a nonjudgmental tone. This built rapport with Travis, allowing you to discuss healthy coping strategies and refer him for additional help.

## Communication Technique Feedback: Points on technique separate from overall points

### Making a Referral

0 of 0 points

#### Rationale:

When you're talking to someone about seeking help, there are a few helpful approaches you can take. It helps to frame ideas as questions, reduce the stigma around seeking help, and give the person space to make their own decision.

You did a good job of framing your idea as a question when you said:

Travis worried that seeking help might mean he was "crazy." You helped him see it can be normal to seek help. For example, you said:

Nice job giving Travis space to make the decision himself. Your support came across especially clearly when you said:

"It's your decision. I don't want to pressure you."