Clinical Experience Summary

This report will be a minimum of 2 pages in APA format. Each question needs to have a minimum of one paragraph response. In-text citations should be utilized. Use your textbook, the internet, and other scholarly resources to assist with in-text citations.

1. What is the priority nursing diagnosis for your patient? Why did you choose this diagnosis? **(5 points)**

   My patient delivered an infant that was over 9lbs by cesarean section, and this information has led to me to choose risk for uterine atony due to macrosomic fetus as evidenced by the weight of the fetus for my priority nursing diagnosis (Durham et al., 2023). A macrosomic fetus refers to a fetus that is over 8.8lbs, and a fetus this large can lead to uterine atony by over-distending and exhausting the uterine muscle fibers (Durham et al., 2023). A macrosomic fetus can also lead to prolonged labor and increased the risk for trauma to the perineum being caused by the stress of delivery (Durham et al., 2023).

2. Identify 3 nursing interventions supporting the nursing diagnosis? Explain what these interventions are and why they should be completed. **(15 points)**
   Frequent fundal checks- frequent fundal checks are done to assess the tone and position of the uterus after delivery, allowing the nurse to evaluate the uterus for tone and position (Durham et al., 2023).

    Pitocin- Pitocin is used to stimulate uterine contractions, which compresses the uterine blood vessels and prevents excessive blood loss (Durham et al., 2023).

    Fundal massage- manual stimulation of the uterus helps the uterus to maintain its firmness and helps prevent excessive bleeding (Durham et al., 2023).

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3. What was the evaluation of each of the previously identified nursing interventions? **(10 points)**

Frequent fundal checks were done on the patient following their cesarean section delivery, and the uterus was found to be of appropriate tone and position. Post-partum assessments that were performed on the patient did not indicate a need for the administration of Pitocin. Fundal massages were performed following the cesarean section to make sure the uterus did not retain any fragments of the placenta. These interventions were successful, and the patient did not experience a hemorrhage due to uterine atony caused by a macrosomic fetus.

4. Describe this patient culture and identify a minimum of 2 patient preferences relating to their culture. **(10 points)**

My patient and their partner were from Nigeria, where a rich post-partum culture is celebrated. In Nigeria, it is common for the mother-in-law and other female family members to take control of caring for the new mother and their infant for the first forty days to promote rest and recovery for the mother after the stress of labor; in compliance with this, my patient's mother was present for the entire labor and delivery process and did a lot of the care-taking for the infant immediately after birth (changing diapers, sponge bathing, etc…) (Donna, 2024). Nigerians also have a strong respect for natural healing including herbal remedies, and because of this my patient was hesitant to receive extra pain medication. Instead, my patient had the preference of opting for more natural pain interventions like warm and cold compresses and herbal teas (Donna, 2024).

5. Reflection of clinical experience. **(5 points)**
    a. What was one thing that put you outside your comfort zone?

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One thing that put me out of my comfort zone was giving the patient a subcutaneous dose of lorazepam. I felt out of my comfort zone in this situation because the patient was having a lot of discomfort caused by a build up of gas in their abdomen, and the subcutaneous injection was given in the patient's abdomen. This build up of abdominal gas caused the skin on the patient's abdomen to become sensitive and tight, but my preceptor was excellent at advising me on how to give the injection while causing the patient as little discomfort as possible.

b. In what way did you see coordination between the health care team to provide appropriate care to the patient?

The nurse that was assigned to this patient and I coordinated by being aware of the patient's discomfort and working together to alleviate their discomfort as effectively as possible. My preceptor prepared the injection while I verified that the patient was receiving the appropriate dose of the medications by the right route. After these tasks were completed, my preceptor provided distractions to the patient while I cleansed the skin above the patient's deltoid muscle and administered the medication. By working together, my preceptor and I were able to administer the IM injection of Lorazepam to the patient without increasing their pain or discomfort.

References:

Donna. (2024, April 24). *Baby Birth Traditions - Nigeria - UC Baby*. UC Baby. https://www.ucbaby.ca/baby-birth-traditions-nigeria

Durham, R. F., Chapman, L. & Miller, C. (2023). Davis Advantage for Maternal-

      Newborn Nursing: Critical Components of Nursing Care (4th ed., p. 481-573). F. A.

      Davis Company.

N432 Clinical Experience Summary Rubric

Name:

Date:

Criteria	5 points	2.5 points	0 points	Comments
• What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis?	**Includes complete and accurate information on all criteria:** • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis?	**Missing 1 or inaccurate information of the following:** • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis?	**Missing 2 or more or inaccurate information of the following:** • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis?	

Criteria	15 points	7.5 points	0 points	Comments
• Identify 3 nursing interventions that were completed during clinical. • Describe each intervention. • Explain why each intervention was completed.	**Includes complete and accurate information on all criteria:** • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed.	**Missing 1-2 or inaccurate information of the following:** • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed.	**Missing 3 or more or inaccurate information of the following:** • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed.	
Criteria	**10 points**	**5 points**	**0 points**	**Comments**
• Evaluation of each of the previously identified nursing interventions	**Includes complete and accurate information on all criteria:** • Evaluation of each of the previously identified nursing interventions	**Missing 1-2 or inaccurate information of the following:** • Evaluation of each of the previously identified nursing interventions	**Missing 2 or more or inaccurate information of the following:** • Evaluation of each of the previously identified nursing interventions	
Criteria	**10 points**	**5 points**	**0 points**	**Comments**

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Criteria	5 points	2.5 points	0 points	Comments
• Describe this patient culture. • Identify a minimum of 2 patient preferences that relate to their culture.	**Includes complete and accurate information on all criteria:** • Describe this patient culture. • Identify a minimum of 2 patient preferences relating to their culture.	**Missing 1 or inaccurate information of the following:** • Describe this patient culture. • Identify a minimum of 2 patient preferences relating to their culture.	**Missing 2 or more or inaccurate information of the following:** • Describe this patient culture. • Identify a minimum of 2 patient preferences relating to their culture.	
Criteria	**5 points**	**2.5 points**	**0 points**	**Comments**

• Reflection of clinical experience.
  o What was one thing that made you feel uncomfortable?
  o In what way did you see coordination between the health care team to provide appropriate care to the patient?
	Includes complete and accurate information on all criteria:
	• Reflection of clinical experience.
	  o What was one thing that made you feel uncomfortable?
	  o In what way did you see coordination between the health care team to provide appropriate care to the patient?
		Missing 1 or inaccurate information of the following:
		• Reflection of clinical experience.
		  o What was one thing that made you feel uncomfortable?
		  o In what way did you see coordination between the health care team to provide appropriate care to the patient?
			Missing 2 or more or inaccurate information of the following:
			• Reflection of clinical experience.
			  o What was one thing that made you feel uncomfortable?
			  o In what way did you see coordination between the health care team to provide appropriate care to the patient?	

Criteria	**5 points**	**2.5 points**	**0 points**	
APA Format	**Includes complete and**	**Missing 1 or inaccurate**	**Missing 2 or more or**	

	accurate information on all criteria:	information of the following:	inaccurate information of the following:	
• 2 page minimum • The student used appropriate APA in text citations and listed all appropriate references in APA format. • Source(s) utilized should be 5 or less years old. • Source(s) greater than 5 years old will not be accepted. • Professional writing style and grammar was used in all narrative sections.	• 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections.	• 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections	• 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections	

Instructor Comments:

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