

Client Comfort and End of Life Care Reflection

Hadley Jones

Lakeview College of Nursing

July 17, 2025

Client Comfort and End of Life Care Reflection

What was learned from this scenario?

From this scenario, I learned that asking the aging client open-ended questions could benefit the outcomes of the conversation by allowing them to respond with direct answers to their concerns or thoughts. Listening and understanding the client are very important factors that the nurse must apply to their practice because if the client feels understood, they have a better chance of expressing their feelings or ideas about the situation. Also, assertive communication is beneficial as well because it allows the nurse to be direct and honest about different concerns or ideas they have, and if said directly, the client may have a better understanding of what moving forward consists of.

Identify the biggest takeaways.

The biggest takeaways from this scenario would be that healthy communication, along with reflection and asking or answering questions, are extremely effective when it comes to exploring the client's situation. Factors that influenced this decision would be getting outside input from family members, asking the client open-ended questions to get a direct response, or even expanding on what the client has said in order to get deeper into the topic or issue.

What are some of the main problems or key issues expressed in the scenario?

The main problems or key issues expressed in this scenario would be that one of the aging clients was tired and weak, whereas the other aging client's safety was in danger because she could not look after herself correctly. It was said that the woman was acting differently during their stay, and the nurse was doing their best to figure out why, but with the aging adult mindset level, this can be seen as a key issue in this scenario.

What were some of the challenging decisions the nurse needed to make?

- a) **Describe the rationale behind these decisions.**

Two challenging decisions the nurse needed to make in this scenario would have been going through with the transfer and moving the clients. This was to benefit their safety, but it can also be a challenge if the adults are comfortable where they are. It can also be challenging as a nurse to work with the aging adult due to the cognitive decline, but the nurse was patient and respectful in this scenario. Involving their daughter could be the second challenging decision, but due to the state of both of her parents, it was necessary and useful to ensure the correct ideas and rights for them.

What factors influenced the nursing decisions and responses during the scenario?

A factor that influenced the nursing decisions and responses during this scenario would be the cognitive level of the two older adults. The nurse used direct and assertive communication in order to be as specific, yet effective as possible, so that the older adults understood what was happening. The nurse will respond the same way if this scenario presents itself in the future. Reflecting on the case and explaining everything to the adults is effective and allows the clients to explain their thoughts and feelings.

Have similar situations been experienced in current clinical rotations?

A similar situation that has been experienced in clinical rotations involved an older adult female, who was confused and oriented to time and the year. This aging adult thought the year was in the 1400s, and the nurse responded to the situation by correcting her and then letting the doctor know of this situation. Correcting the client and telling the doctor directly were successful communication strategies used in this clinical setting. The doctor could further figure out the issue, and the client ended up knowing the year was not in the 1400s.

Discuss the advantages and disadvantages of having families discuss treatment options, including end-of-life decisions before a loved one becomes ill or early in a terminal illness.

Some advantages of having families discuss treatment options, including end-of-life decisions, before a loved one becomes ill or early in a terminal illness would be respecting the client's wishes and making sure that their beliefs and preferences are being taken into consideration. If the trusted family members acknowledge and respect the client's wishes, the client can have less stress knowing that what they want will come true. Legal issues are also decreased, which is an advantage if a family member gets involved in the decision-making process. Some disadvantages can consist of emotional barriers that can be painful or too overwhelming for some families to think about, let alone make the decisions. This may cause family conflict if not everyone can agree on the same thing, and can cause stress to the client if aware of this.