

Clinical Experience Summary

N432) Maternal-Newborn

Labor & Delivery

Nick Alford

7/18/2025

This report will be a minimum of 2 pages in APA format. Each question needs to have a minimum of one paragraph response. In-text citations should be utilized. Use your textbook, the internet, and other scholarly resources to assist with in-text citations.

1. What is the priority nursing diagnosis for your patient? Why did you choose this diagnosis? (5 points)

I selected “Acute Pain” for my nursing diagnosis. This is because the client had a very uneventful and uncomplicated vaginal birth. However, she was on an epidural at the time, and therefore the physical impact of childbirth on the perineal area will likely become very evident as the local anesthetic abates (Phelps, 2022). Addressing pain proactively will be vital to ensuring the patient achieves adequate rest, infant bonding time, breastfeeding, and is able to participate in post-labor ambulation to minimize postpartum

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complications (Durham, Chapman, & Miller, 2022).

2. Identify 3 nursing interventions supporting the nursing diagnosis? Explain what these interventions are and why they should be completed. (15 points)

1) Routinely assess pain levels with standardized pain scales. Pain is a subjective experience and will vary during the clients recovery. As the numbing agents used clear out of their system, we can anticipate pain levels to increase in advance of it occurring. By monitoring this closely we can be sure to minimize patient discomfort and support their recovery. Uncontrolled pain has been shown to interfere with maternal newborn bonding, breastfeeding, and adequate rest (Durham et al., 2022).

2) Administer prescribed analgesics PRN; educate the patient on timing of administrations to maximize efficacy. In order to effectively manage the client's pain and recovery, and collaborative environment is required between the patient and the nurse. Making sure clients understand their pain medications, when they should be administered to stay ahead of pain, and how well their pain is being managed is necessary for maximizing the positive outcomes of their use (Phelps, 2022). Education on this empowers the patient and makes her an advocate in her care, while increasing the communication between the patient and the nurse required to maintain adequate control over their discomfort (Durham et al., 2022).

3) *Provide non-pharmacological comfort/pain control measures.* Beyond just analgesics or narcotics, there are more traditional means of pain control that can play an impactful role in pain management. Regular application and rotation of fresh ice packs to the perineal area have been shown to have a significant impact on controlling swelling and associated pain (Durham, Chapman, & Miller, 2022), particularly when employed in the first 24 hours after labor. Interventions such as these are an excellent adjunct to the use of medications because they do not engender significant risks or form dependency (Phelps, 2022).

3. What was the evaluation of each of the previously identified nursing interventions? **(10 points)**

During my time with this client, her discomfort was evident, but clearly the nurse was doing an excellent job of managing their pain. The patient generally reported pain values between a 3 and a 6 out of 10 on a 10-point pain scale, a tool used to quantify the degree of subjective pain the patient was in (Phelps, 2022). As a result of the nurses work to control the client's pain, they never reported any pain values of a “severe” level. Ice packs were also offered to the client, and they gladly accepted. Perineal care was also provided by the nursing team and midwife. As such, the client seems to have had a very positive experience delivering their 3rd child.

4. Describe this patient culture and identify a minimum of 2 patient preferences relating to their culture. **(10 points)**

This client's culture was that of a multiparous woman (G3P3). As such, she was very familiar with the process, highly confident in herself, and able to fully collaborate with the medical team she had on hand. Aspects which often set those in the multiparous culture apart from primigravida's (Durham et al., 2022). Being experienced with the labor process, the client was able to exhibit preferences in the laboring process that were developed from her prior delivery. Preferences included their usage of time (electing rests at certain intervals), what pain medications she was comfortable with, the use of an epidural, positioning (including the use of a peanut-ball to assist with dilation & effacement prior to pushing. She demonstrated a preference to be highly independent in her decision making, highly engaged, and highly apprised at all times of the progress being made.

5. Reflection of clinical experience. (5 points)

a. What was one thing that put you outside your comfort zone?

I honestly wasn't outside of my comfort zone really during any point of this experience. I had been involved in labor efforts with my wife in the past, and I, along with the client's husband, were tasked with supporting the clients' legs, something I was familiar with. It was neat, however, to see a vaginal birth, given that the only births I had witnessed in the past were all C-section deliveries. I was even allowed to feel the placenta and had the staff educate me on abnormalities to observe in it (it had none, thankfully).

b. In what way did you see coordination between the health care team to provide appropriate care to the patient?

It was quite clear during this experience that all the staff involved were very familiar with one another, and the labor process. This was likely the smoothest delivery I will ever witness in my life, and I believe that to be largely attributable to the expertise and teamwork of the members of the patients care team. The midwife had someone senior to her guiding her at times, and the nurse had support staff of her own. All of these coordinated their respective roles and duties to keep a synchronized ballet of actions flowing throughout the client's active labor, and it is always enjoyable to observe people passionately being a master of their craft, whatever it may be.

References:

Phelps, L. (2022). *Nursing Diagnosis Reference Manual* (12th ed.). Wolters Kluwer Health.

<https://bookshelf.vitalsource.com/books/9781975201609>

Durham, R. F., Chapman, L., & Miller, K. (2022). *Davis Advantage for maternal-newborn nursing: Critical components of nursing care* (4th ed.). F.A. Davis.

N432 Clinical Experience Summary Rubric

Name: Nick Alford

Date: 7/18/2025

Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • What is the priority nursing diagnosis for your patient? • Why did you choose this diagnosis? 	
Criteria	15 points	7.5 points	0 points	Comments
<ul style="list-style-type: none"> • Identify 3 nursing interventions that were completed during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	<p>Missing 3 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • Identify 3 nursing interventions that were seen or done during clinical. • Describe each intervention. • Explain why each intervention was completed. 	

Criteria	10 points	5 points	0 points	Comments
<ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	
Criteria	10 points	5 points	0 points	Comments
<ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences that relate to their culture. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	
Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel 	

<p>did you see coordination between the health care team to provide appropriate care to the patient?</p>	<p>uncomfortable? ○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	<p>uncomfortable? ○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	<p>uncomfortable? ○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	
<p>Criteria</p>	<p>5 points</p>	<p>2.5 points</p>	<p>0 points</p>	
<p>APA Format</p> <ul style="list-style-type: none"> • 2 page minimum • The student used appropriate APA in text citations and listed all appropriate references in APA format. • Source(s) utilized should be 5 or less years old. • Source(s) greater than 5 years old will not be accepted. • Professional writing style and grammar was used in all narrative sections. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections. 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections 	

Instructor Comments:

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