

## Clinical Experience Summary

This report will be a minimum of 2 pages in APA format. Each question needs to have a minimum of one paragraph response. In-text citations should be utilized. Use your textbook, the internet, and other scholarly resources to assist with in-text citations.

1. What is the priority nursing diagnosis for your patient? Why did you choose this diagnosis? (5 points)
  - a. **At risk for knowledge deficit related to insufficient information about neonatal care as evidenced by inaccurate follow-through of instruction (Phelps, 2023).**
  - b. **This patient was a teen mom who was not very receptive to education and communication. She was very closed off, distant, and did not appear to engage appropriately during conversations. This did show some improvement throughout the day. The nurse and I walked into the patient's room three times to her sleeping in bed with the infant. She was told each time about infant safety and how to properly secure her in the crib while she slept. She continued to ignore this. The nurse also tried to educate her about proper swaddling, burping techniques, and bottle propping, and the patient just gave a blank stare and appeared to ignore her instruction.**
2. Identify 3 nursing interventions supporting the nursing diagnosis? Explain what these interventions are and why they should be completed. (15 points)
  - a. **Establish an environment of mutual trust and respect to enhance learning. This intervention will encourage the patient to listen more and hopefully have a better outcome. Achieving rapport is especially important in light of the maternity patient's short length of stay in the hospital, young age, and being a first-time mother (Phelps, 2023).**
  - b. **Assess the patient's level of knowledge and experience with newborn care. This will determine whether the patient requires the basic information or requires reinforcement of previous learning and experience (Phelps, 2023). Being aware of any learning deficiencies or impairments will allow for the nurse to provide more effective teaching methods to each patient to improve outcomes. This can be especially true for young, teen mothers since their brains are still developing and they often lack emotional maturity.**
  - c. **Select teaching strategies appropriate for the patient's individual learning style, such as one-on-one discussion and demonstration, attending unit-based neonatal care class, or viewing audiovisual materials. It is imperative**

**to ensure parents are informed of appropriate and safe neonatal care. By choosing an approach that best serves the patient, this increases the likelihood for successful learning (Phelps, 2023).**

3. What was the evaluation of each of the previously identified nursing interventions? **(10 points)**
  - a. **The approach was taken to be as positive as possible with this patient. We would strongly emphasize things she was doing well, while providing gentle directions on things she could improve on or were a safety issue for the infant. This allowed the patient to build some confidence, and she did become more receptive to what we were informing her of.**
  - b. **This patient is a first-time mother, but she does have younger siblings. It was determined we could build on what she knows from being an older sibling and being around newborns but still providing basic information due to her never having full responsibility of an infant.**
  - c. **This patient preferred to have reading material in front of her while the nurse went through and explained each section to her, and she could ask questions as we went through the paperwork. She was more engaged in the conversation and appeared to be eager to hear everything.**
  
4. Describe this patient culture and identify a minimum of 2 patient preferences relating to their culture. **(10 points)**

**This patient is an African American first time teenage mother. She is also an orphan as her mother passed away three years ago and her father is not present in her life. There is research to indicate a strong mistrust of the healthcare system among the black community. This can often lead to them not seeking treatment or refusing certain treatments, such as pain medications post birth (Segovia et al., 2025). This patient had a non-pharmacological labor and delivery and continuously refused pain medication following. She rated her pain with the numerical scale as a 3 or 4 out of 10, but did not want to take anything to help lower that number. Contributing to the distrust among the black community is the mortality rate among pregnant black women is four to five times greater than white women, and the mortality rate for infants is more than twice that of white infants (Lewy & Casau, 2021). The black community also has a strong matriarchal stance. In a survey conducted of U.S. parents, African American mothers were more likely to be overprotective (55%) and found parenting to be the most important part of their identity (42%), compared to white people with 43% saying they are overprotective and 25% viewing parenthood as the most important part of their identity (Minkin & Horowitz, 2023). This often contributes to black women having very strong opinions and practices when raising children. There is extensive research indicating the practice of African American mothers being what some view as overprotective, guarding their children so closely, and often taking the lead role with parenting over the fathers is entangled with slavery. Fathers were more likely to be separated from the children than mothers, but families**

were often separated entirely. However, because mothers were most likely to stay with the children, they were the primary caregivers and decision makers for their children. Due to the practices of slave owners, black mothers were also very strict with their children in an attempt to prevent beatings or worse. This has carried over through the generations, and is still seen to this day (Williams, 2025). This patient had a very strong personality, was extremely protective of her baby, very affectionate, and seemed to be genuinely embracing motherhood. The patient's boyfriend was present most of the time with the mother and baby, but she did all the care for the child. She stated several times that was her baby and she would take care of her.

5. Reflection of clinical experience. (5 points)

- a. What was one thing that put you outside your comfort zone?

**One thing I found more difficult than usual was providing corrections to a new mother and I found it to be a difficult balance, especially for someone so young. When the mother was sleeping in bed with the infant, safety is a huge concern and takes precedence over emotions and ego. However, I felt there needed to be a gentle approach to the situation. Guarding and building her confidence as a new mother was important to me but making sure she fully understands the potential for unintentionally fatal consequences that can occur when sleeping with a newborn. She also came across at first as unfriendly and unwelcoming to us being in her room, which made it more difficult to provide education about something she was doing wrong.**

- b. In what way did you see coordination between the health care team to provide appropriate care to the patient?

**When the patient was getting discharged, the nurse was communicating with the doctor, pediatrician, and pharmacy to ensure everything was in order for follow-up care. The infant also had to go to the nursery for assessments, and the nursing staff were coordinating when availability was open and working around when the mother would be breastfeeding the infant. There was also a lactation consultant in the room for an extended period of time, and when she was done with the mother, she came to the nurses desk to inform the nurse about what took place and that the mother planned to continue breastfeeding after discharge.**

## References

- Lewy, D., & Casau, A. (2021, October). Addressing racial and ethnic disparities in maternal and child health through home visiting programs. *Center for Health Care Strategies*. <https://www.chcs.org/resource/addressing-racial-and-ethnic-disparities-in-maternal-and-child-health-through-home-visiting-programs/>
- Minkin, R., & Horowitz, J. M. (2023, January 24). Race, ethnicity and parenting. In *Parenting in America today*. Pew Research Center. Retrieved July 11, 2025, from <https://www.pewresearch.org/social-trends/2023/01/24/race-ethnicity-and-parenting/>
- Phelps, L. L. (2023). *Nursing diagnosis reference manual* (12th ed.). Wolters Kluwer.
- Segovia, L. M., Neiman, E., Gillespie, S. L., Jancsura, M. K., & Anderson, C. M. (2025). Prenatal and postpartum care experiences among Black birthing people in the United States: An integrative review. *Journal of Midwifery & Women's Health*, 70(2), 235–246. <https://doi.org/10.1111/jmwh.13705>
- Williams, H. A. (2025). *How slavery affected African American families*. In *Freedom's Story*. National Humanities Center. Retrieved July 11, 2025, from <https://nationalhumanitiescenter.org/tserve/freedom/1609-1865/essays/aafamilies.htm>

## N432 Clinical Experience Summary Rubric

Name:

Date:

Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"><li>• What is the priority nursing diagnosis for your patient?</li><li>• Why did you choose this diagnosis?</li></ul>	<b>Includes complete and accurate information on all criteria:</b> <ul style="list-style-type: none"><li>• What is the priority nursing diagnosis for your patient?</li><li>• Why did you choose this diagnosis?</li></ul>	<b>Missing 1 or inaccurate information of the following:</b> <ul style="list-style-type: none"><li>• What is the priority nursing diagnosis for your patient?</li><li>• Why did you choose this diagnosis?</li></ul>	<b>Missing 2 or more or inaccurate information of the following:</b> <ul style="list-style-type: none"><li>• What is the priority nursing diagnosis for your patient?</li><li>• Why did you choose this diagnosis?</li></ul>	
Criteria	15 points	7.5 points	0 points	Comments
<ul style="list-style-type: none"><li>• Identify 3 nursing interventions that were completed during clinical.</li><li>• Describe each intervention.</li><li>• Explain why each intervention was completed.</li></ul>	<b>Includes complete and accurate information on all criteria:</b> <ul style="list-style-type: none"><li>• Identify 3 nursing interventions that were seen or done during clinical.</li><li>• Describe each intervention.</li><li>• Explain why each intervention was completed.</li></ul>	<b>Missing 1-2 or inaccurate information of the following:</b> <ul style="list-style-type: none"><li>• Identify 3 nursing interventions that were seen or done during clinical.</li><li>• Describe each intervention.</li><li>• Explain why each intervention was completed.</li></ul>	<b>Missing 3 or more or inaccurate information of the following:</b> <ul style="list-style-type: none"><li>• Identify 3 nursing interventions that were seen or done during clinical.</li><li>• Describe each intervention.</li><li>• Explain why each intervention was completed.</li></ul>	
Criteria	10 points	5 points	0 points	Comments

<ul style="list-style-type: none"> <li>Evaluation of each of the previously identified nursing interventions</li> </ul>	<p><b>Includes complete and accurate information on all criteria:</b></p> <ul style="list-style-type: none"> <li>Evaluation of each of the previously identified nursing interventions</li> </ul>	<p><b>Missing 1-2 or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Evaluation of each of the previously identified nursing interventions</li> </ul>	<p><b>Missing 2 or more or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Evaluation of each of the previously identified nursing interventions</li> </ul>	
<b>Criteria</b>	<b>10 points</b>	<b>5 points</b>	<b>0 points</b>	<b>Comments</b>
<ul style="list-style-type: none"> <li>Describe this patient culture.</li> <li>Identify a minimum of 2 patient preferences that relate to their culture.</li> </ul>	<p><b>Includes complete and accurate information on all criteria:</b></p> <ul style="list-style-type: none"> <li>Describe this patient culture.</li> <li>Identify a minimum of 2 patient preferences relating to their culture.</li> </ul>	<p><b>Missing 1 or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Describe this patient culture.</li> <li>Identify a minimum of 2 patient preferences relating to their culture.</li> </ul>	<p><b>Missing 2 or more or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Describe this patient culture.</li> <li>Identify a minimum of 2 patient preferences relating to their culture.</li> </ul>	
<b>Criteria</b>	<b>5 points</b>	<b>2.5 points</b>	<b>0 points</b>	<b>Comments</b>
<ul style="list-style-type: none"> <li>Reflection of clinical experience. <ul style="list-style-type: none"> <li>What was one thing that made you feel uncomfortable?</li> <li>In what way did you see</li> </ul> </li> </ul>	<p><b>Includes complete and accurate information on all criteria:</b></p> <ul style="list-style-type: none"> <li>Reflection of clinical experience. <ul style="list-style-type: none"> <li>What was one thing that made you feel uncomfortable?</li> </ul> </li> </ul>	<p><b>Missing 1 or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Reflection of clinical experience. <ul style="list-style-type: none"> <li>What was one thing that made you feel uncomfortable?</li> </ul> </li> </ul>	<p><b>Missing 2 or more or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>Reflection of clinical experience. <ul style="list-style-type: none"> <li>What was one thing that made you feel uncomfortable?</li> </ul> </li> </ul>	

<p>coordination between the health care team to provide appropriate care to the patient?</p>	<p>○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	<p>○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	<p>○ In what way did you see coordination between the health care team to provide appropriate care to the patient?</p>	
<p><b>Criteria</b></p>	<p><b>5 points</b></p>	<p><b>2.5 points</b></p>	<p><b>0 points</b></p>	
<p><b>APA Format</b></p> <ul style="list-style-type: none"> <li>• 2 page minimum</li> <li>• The student used appropriate APA in text citations and listed all appropriate references in APA format.</li> <li>• Source(s) utilized should be 5 or less years old.</li> <li>• Source(s) greater than 5 years old will not be accepted.</li> <li>• Professional writing style and grammar was used in all narrative sections.</li> </ul>	<p><b>Includes complete and accurate information on all criteria:</b></p> <ul style="list-style-type: none"> <li>• 2 page minimum.</li> <li>• The student used appropriate APA in text citations and listed all appropriate references in APA format.</li> <li>• All sources utilized were 5 or less years old.</li> <li>• Professional writing style and grammar was used in all narrative sections.</li> </ul>	<p><b>Missing 1 or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>• 2 page minimum.</li> <li>• The student used appropriate APA in text citations and listed all appropriate references in APA format.</li> <li>• All sources utilized were 5 or less years old.</li> <li>• Professional writing style and grammar was used in all narrative sections</li> </ul>	<p><b>Missing 2 or more or inaccurate information of the following:</b></p> <ul style="list-style-type: none"> <li>• 2 page minimum.</li> <li>• The student used appropriate APA in text citations and listed all appropriate references in APA format.</li> <li>• All sources utilized were 5 or less years old.</li> <li>• Professional writing style and grammar was used in all narrative sections</li> </ul>	

Instructor Comments:

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