

Clinical Experience Summary

This report will be a minimum of 2 pages in APA format. Each question needs to have a minimum of one paragraph response. In-text citations should be utilized. Use your textbook, the internet, and other scholarly resources to assist with in-text citations.

1. What is the priority nursing diagnosis for your patient? Why did you choose this diagnosis? **(5 points)**

The priority nursing diagnosis for my patient would be risk of infection related to impaired skin integrity as evidenced by warmth, swelling, redness, or drainage at the incision site (Durham et al, 2023). I have chosen this diagnosis because my patient received a cesarean section, which is a major abdominal surgery, and an infection that begins in a cesarean section can cause damage in several ways. One way that an infection of a cesarean section scar can cause damage is by triggering delayed healing and wound dehiscence; both complications lead to longer healing times, additional hospitalizations, increased pain, and more surgeries to cleanse and reapproximate the wound (Durham et al, 2023). Another way that an infection of a cesarean section scar can cause harm to the patient is by spreading to other organs in the body; incisional infections can spread into the blood stream and other organs in the body (Durham et al, 2023). This spreading of the infection can lead to organ damage, necrotizing fasciitis, and sepsis (Durham et al, 2023).

2. Identify 3 nursing interventions supporting the nursing diagnosis? Explain what these interventions are and why they should be completed. **(15 points)**

Appropriate wound care – this includes cleansing the incision site with an antiseptic solution (chlorhexidine or betadine) to remove microbes prior to surgery, and cleansing the incision site and performing dressing changes as ordered post operatively (Phelps, 2023).

Strict aseptic technique – following strict aseptic technique during a cesarean section will prevent foreign microbes from entering the incision site and significantly lower the risks of the patient developing an infection (Phelps, 2023).

Patient education – every patient who receives a cesarean section must be educated on how to effectively spot the signs of infection and hemorrhage and when to call a doctor. These signs include (but are not limited to) fever, redness or swelling around the incision site, purulent discharge coming out of the incision site, severe or worsening abdominal pain, heavy vaginal bleeding, chest pain, shortness of breath, and dehiscence of the incision (Phelps, 2023).

3. What was the evaluation of each of the previously identified nursing interventions? **(10 points)**

Appropriate wound care – the abdomen was thoroughly cleaned with an antiseptic solution prior to surgery which prevented microbes from entering the incision site, and the patient was later educated on how to properly keep their incision site clean

after being discharged from the hospital. If the patient is compliant with the instructions that they received, the patient should not obtain a surgical site infection.

Strict aseptic technique – the surgical team performing the cesarean section cleansed their hands and forearms appropriately and wore the required personal protective equipment to reach sterility. The supplies were also opened and set up in a sterile fashion, and the team adhered to the rules of sterility throughout the procedure by not placing their hands above chest or below table level, observing for breaches in sterility caused by tears in their personal protective equipment, and only placing their supplies on the designated sterile surfaces. Thanks to the team’s diligence the patient will have the best chance possible at preventing a surgical site infection.

Patient education – cesarean section patients are provided with information on how to keep their incision site clean before they are discharged from the hospital. To properly care for a cesarean section incision site, the patient should cleanse the area daily with mild soap and water, pat (not rub) the area dry, wear loose fitting clothing made from breathable materials (like cotton), and monitor the incision site for signs of infection (Durham et al, 2023). If the patient follows this regimen, they will significantly reduce their chance of developing an infection at their incision site.

4. Describe this patient culture and identify a minimum of 2 patient preferences relating to their culture. **(10 points)**

My patient and their partner were both from Mexico and preferred to use Spanish while they were being cared for. The nurse assigned to the room was fluent in Spanish and it was immediately obvious what a comfort it was to the patient to have a healthcare provider that was fluent in their first language caring for them. An interpreter was also present in the room to help our patient stay informed on what was taking place while the main nurse was out of the room. My patient also chose to breastfeed their infant, which is common in Mexican culture. Immediately after the infant was confirmed to be stable by the healthcare team actions were taken to begin teaching the infant how to achieve proper latching techniques, and this continued after both patients were moved from the surgical suite to the recovery area. My patient was comfortable having their partner present at all stages of the birth experience which is common in Mexican cultures but not in certain Islamic, Hindu, or Japanese cultures (Durham et al, 2023).

5. Reflection of clinical experience. **(5 points)**

- a. What was one thing that put you outside your comfort zone?

I think that dealing with pregnant woman and newborn babies is a very fragile business, so being around these women in general put me outside of my comfort zone. Once I got used to being on the labor and delivery floor I did calm down and was glad to be a part of taking care of these women at such a special time in their lives. It was really good for me to

see the way labor and delivery nurses handle their patients in different situations and to realize that more often than not everyone is safe, even if something does go wrong.

- b. In what way did you see coordination between the health care team to provide appropriate care to the patient?

The different members of the labor and delivery healthcare team are always working together to provide the most effective care to their patients. While I was on the floor, I got to watch an emergent cesarean section take place and the way that the team came together was truly impressive to watch. The nurses and the provider wasted no time making the call to take the patient in for the emergency procedure, and the anesthesia team was right behind them doing everything necessary to safely put the patient to sleep. As the patient was being put to sleep, the surgical tech and circulating nurse were busy making sure that everything would be ready for the surgery to begin as soon as the provider and their residents scrubbed in. Once the surgery was underway everyone in the room collaborated to bring the infant out of the uterus as quickly as possible and to provide it with the appropriate care to give the newborn the best chance in life. It was amazing to watch the team come together to pull this off and I have the utmost respect for the people who work in this field.

References:

Durham, R., Chapman, L., & Miller, C. (2023). *Davis advantage for maternal-newborn nursing: Critical components of nursing care* (4th ed.). F.A. Davis.

Phelps, L.L. (2023) *Nursing Diagnosis Reference Manual*. Wolters Kluwer.

N432 Clinical Experience Summary Rubric

Name:

Date:

Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none">What is the priority nursing diagnosis for your patient?Why did you choose this diagnosis?	Includes complete and accurate information on all criteria: <ul style="list-style-type: none">What is the priority nursing diagnosis for your patient?Why did you	Missing 1 or inaccurate information of the following: <ul style="list-style-type: none">What is the priority nursing diagnosis for your patient?Why did you choose	Missing 2 or more or inaccurate information of the following: <ul style="list-style-type: none">What is the priority nursing diagnosis for your patient?Why did you	

	choose this diagnosis?	this diagnosis?	choose this diagnosis?	
Criteria	15 points	7.5 points	0 points	Comments
<ul style="list-style-type: none"> Identify 3 nursing interventions that were completed during clinical. Describe each intervention. Explain why each intervention was completed. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Identify 3 nursing interventions that were seen or done during clinical. Describe each intervention. Explain why each intervention was completed. 	<p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Identify 3 nursing interventions that were seen or done during clinical. Describe each intervention. Explain why each intervention was completed. 	<p>Missing 3 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Identify 3 nursing interventions that were seen or done during clinical. Describe each intervention. Explain why each intervention was completed. 	
Criteria	10 points	5 points	0 points	Comments
<ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Missing 1-2 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Evaluation of each of the previously identified nursing interventions 	
Criteria	10 points	5 points	0 points	Comments

<ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences that relate to their culture. 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Describe this patient culture. Identify a minimum of 2 patient preferences relating to their culture. 	
Criteria	5 points	2.5 points	0 points	Comments
<ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way did you see coordination between the health care team to provide appropriate care to the patient? 	<p>Includes complete and accurate information on all criteria:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way did you see coordination between the health care team to provide appropriate care to the patient? 	<p>Missing 1 or inaccurate information of the following:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way did you see coordination between the health care team to provide appropriate care to the patient? 	<p>Missing 2 or more or inaccurate information of the following:</p> <ul style="list-style-type: none"> Reflection of clinical experience. <ul style="list-style-type: none"> What was one thing that made you feel uncomfortable? In what way did you see coordination between the health care team to provide appropriate care to the patient? 	
Criteria	5 points	2.5 points	0 points	
APA Format	Includes complete and	Missing 1 or inaccurate	Missing 2 or more or	

<ul style="list-style-type: none"> • 2 page minimum • The student used appropriate APA in text citations and listed all appropriate references in APA format. • Source(s) utilized should be 5 or less years old. • Source(s) greater than 5 years old will not be accepted. • Professional writing style and grammar was used in all narrative sections. 	<p>accurate information on all criteria:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections. 	<p>information of the following:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections 	<p>inaccurate information of the following:</p> <ul style="list-style-type: none"> • 2 page minimum. • The student used appropriate APA in text citations and listed all appropriate references in APA format. • All sources utilized were 5 or less years old. • Professional writing style and grammar was used in all narrative sections 	
<p>Instructor Comments:</p>				
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