# Clinical Experience Summary

This report will be a minimum of 2 pages in APA format. Each question needs to have a minimum of one paragraph response. In-text citations should be utilized. Use your textbook, the internet, and other scholarly resources to assist with in-text citations.

1. <u>What is the priority nursing diagnosis for your patient? Why did you choose this diagnosis?</u> **(5 points)**

    The priority nursing diagnosis for my patient was 'acute pain related to uterine contractions and stretching of the cervix as evidenced by the patient rating pain 8 out of 10' (Durham et al., 2023). I chose this nursing diagnosis because my patient was having lots of pain due to their contractions. The patient had two rounds of IV fentanyl before finally deciding to get an epidural. By the time she was getting the epidural, she was in tears from the pain.

2. <u>Identify 3 nursing interventions supporting the nursing diagnosis? Explain what these interventions are and why they should be completed.</u> **(15 points)**

    One of the nursing interventions tried was repositioning the patient to relieve pain. We repositioned the patient from the supine position onto their left side to alleviate some pain. Repositioning did help for some time before needing to be repositioned again. Repositioning in labor has been shown to decrease the use of epidural and cesarean delivery rates and can shorten the first stage of labor by more than one hour (Smith et al., 2021).

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Another nursing intervention for my patients' pain would be continuous labor support. The nurse, I, and the patient's husband were with the patient, giving them continuous emotional support while they went through the labor process. The nurse and I aided the patient in labor support by helping them through contractions and pain and educating them through the process. Continuous labor support has been shown to decrease rates of assisted vaginal births and cesarean delivery and the use of pain medications (Smith et al., 2021).

The last nursing intervention that we tried with the patient was pain medication. The patient was rating their pain 8 out of 10 and wanted to do the IV fentanyl. We were able to give the patient IV pain medication, which gave her some relief, but she was still rating her pain as 7 out of 10. They ended up wanting to do the epidural, which gave her the most relief. Intravenously administered fentanyl is safe and significantly reduces pain from baseline to delivery among low-risk pregnancies ( Duangkum et al., 2024). An epidural creates a band of numbness from the belly button to the top of the legs, allowing the patient to stay awake and feel the pressure of labor but without the pain (MacMillan, 2023).

3. <u>What was the evaluation of each of the previously identified nursing interventions?</u> **(10 points)**

The evaluation for these three nursing interventions would be asking patients to rate their pain after implementation, evaluating their non-verbal cues, and asking and answering the patients' questions. After giving the patient their IV fentanyl, we asked them to rate their pain on a scale of one to ten so that we could see if there was any improvement in their pain. After the patient received the epidural, we made sure to ask them how their pain was and if they were completely numb or if they still felt pressure with contractions. When repositioning the patient, we asked them if their pain was better and assessed their non-verbal communication. While providing continuous labor support to ease the pain of contractions, we educated the patient on breathing through contractions, we asked them if they wanted to get out of bed, and we answered the patient's questions about labor.

4. <u>Describe this patient's culture and identify a minimum of 2 patient preferences relating to their culture. **(10 points)**</u>

My patient's culture is scrunchy. Scrunchy culture is where you believe in holistic and more natural things while also believing in modern things. My patient had the preference of both breastfeeding and formula feeding her baby. They also preferred to try repositioning to help with pain and holding off on the epidural before the pain got too severe.

5. <u>Reflection of clinical experience. **(5 points)**</u>
   a. <u>What was one thing that put you outside your comfort zone?</u>

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One thing that put me outside of my comfort zone would be being on the labor and delivery unit, which I had never been on, other than for my own deliveries. I just felt out of my comfort zone because I wasn't sure what to expect, how to help, or what they would let me do. It wasn't long that I felt uncomfortable because I really felt like I was able to assist the nurse and the patient with almost whatever they needed me to do.

b. <u>In what way did you see coordination between the health care team to provide appropriate care to the patient?</u>

I saw coordination between the healthcare team in a couple of ways. The nurse had to first reach out to the doctor in order to get the patient's diet order changed from clear liquids to regular so that they could have a normal meal before they would have to start Pitocin. Another time that communication was utilized was when the residents told the nurse they could start Pitocin. However, before the nurse started it, she had to review the fetal heart monitor, where she noted the baby was having early decelerations. The nurse then let the residents know that it would be best to wait to start the Pitocin.

References:

Duangkum, c, Sirikarn, p, Kongwattanakul, k, & Sothornwit, s. (2024). *Subcutaneous vs intravenous fentanyl for labor pain management: a multicenter randomized controlled trial*. AJOG MFM. https://www.ajogmfm.org/article/S2589-9333(24)00036-3/fulltext

Durham, R. F., Chapman, L., & Miller, C. S. (2023). *Davis advantage for maternal-newborn nursing: Critical components of nursing care* (4th ed.). F.A. Davis Company.

MacMillan, C. (2023, March 16). *Epidurals during childbirth: What women should know*. Yale Medicine. https://www.yalemedicine.org/news/epidural-anesthesia

Smith, A., LaFlamme, E., & Komanecky, C. (2021, March 15). *Pain management in Labor*. American Family Physician. https://www.aafp.org/pubs/afp/issues/2021/0315/p355.html

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# N432 Clinical Experience Summary Rubric

**Name: Arian Dodge**

**Date: 06/13/25**

| Criteria | 5 points | 2.5 points | 0 points | Comments |
|---|---|---|---|---|
| • What is the priority nursing diagnosis for your patient?<br>• Why did you choose this diagnosis? | **Includes complete and accurate information on all criteria:**<br>• What is the priority nursing diagnosis for your patient?<br>• Why did you choose this diagnosis? | **Missing 1 or inaccurate information of the following:**<br>• What is the priority nursing diagnosis for your patient?<br>• Why did you choose this diagnosis? | **Missing 2 or more or inaccurate information of the following:**<br>• What is the priority nursing diagnosis for your patient?<br>• Why did you choose this diagnosis? | |
| Criteria | 15 points | 7.5 points | 0 points | Comments |
| • Identify 3 nursing interventions that were completed during clinical.<br>• Describe each intervention.<br>• Explain why each intervention was completed. | **Includes complete and accurate information on all criteria:**<br>• Identify 3 nursing interventions that were seen or done during clinical.<br>• Describe each intervention.<br>• Explain why each intervention was completed. | **Missing 1-2 or inaccurate information of the following:**<br>• Identify 3 nursing interventions that were seen or done during clinical.<br>• Describe each intervention.<br>• Explain why each intervention was completed. | **Missing 3 or more or inaccurate information of the following:**<br>• Identify 3 nursing interventions that were seen or done during clinical.<br>• Describe each intervention.<br>• Explain why each intervention was completed. | |

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| Criteria | 10 points | 5 points | 0 points | Comments |
|---|---|---|---|---|
| • Evaluation of each of the previously identified nursing interventions | **Includes complete and accurate information on all criteria:**<br>• Evaluation of each of the previously identified nursing interventions | **Missing 1-2 or inaccurate information of the following:**<br>• Evaluation of each of the previously identified nursing interventions | **Missing 2 or more or inaccurate information of the following:**<br>• Evaluation of each of the previously identified nursing interventions | |
| Criteria | 10 points | 5 points | 0 points | Comments |
| • Describe this patient culture.<br><br>• Identify a minimum of 2 patient preferences that relate to their culture. | **Includes complete and accurate information on all criteria:**<br>• Describe this patient culture.<br>• Identify a minimum of 2 patient preferences relating to their culture. | **Missing 1 or inaccurate information of the following:**<br>• Describe this patient culture.<br>• Identify a minimum of 2 patient preferences relating to their culture. | **Missing 2 or more or inaccurate information of the following:**<br>• Describe this patient culture.<br>• Identify a minimum of 2 patient preferences relating to their culture. | |
| Criteria | 5 points | 2.5 points | 0 points | Comments |
| • Reflection of clinical experience.<br>  o What was one thing that made you feel uncomfortable?<br>  o In what way | **Includes complete and accurate information on all criteria:**<br>• Reflection of clinical experience.<br>  o What was one thing that made you feel | **Missing 1 or inaccurate information of the following:**<br>• Reflection of clinical experience.<br>  o What was one thing that made you feel | **Missing 2 or more or inaccurate information of the following:**<br>• Reflection of clinical experience.<br>  o What was one thing that made you feel | |

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| did you see coordination between the health care team to provide appropriate care to the patient? | uncomfortable?<br>o In what way did you see coordination between the health care team to provide appropriate care to the patient? | uncomfortable?<br>o In what way did you see coordination between the health care team to provide appropriate care to the patient? | uncomfortable?<br>o In what way did you see coordination between the health care team to provide appropriate care to the patient? | |
| **Criteria** | **5 points** | **2.5 points** | **0 points** | |
| **APA Format**<br>• 2 page minimum<br>• The student used appropriate APA in text citations and listed all appropriate references in APA format.<br>• Source(s) utilized should be 5 or less years old.<br>• Source(s) greater than 5 years old will not be accepted.<br>• Professional writing style and grammar was used in all narrative sections. | **Includes complete and accurate information on all criteria:**<br>• 2 page minimum.<br>• The student used appropriate APA in text citations and listed all appropriate references in APA format.<br>• All sources utilized were 5 or less years old.<br>• Professional writing style and grammar was used in all narrative sections. | **Missing 1 or inaccurate information of the following:**<br>• 2 page minimum.<br>• The student used appropriate APA in text citations and listed all appropriate references in APA format.<br>• All sources utilized were 5 or less years old.<br>• Professional writing style and grammar was used in all narrative sections | **Missing 2 or more or inaccurate information of the following:**<br>• 2 page minimum.<br>• The student used appropriate APA in text citations and listed all appropriate references in APA format.<br>• All sources utilized were 5 or less years old.<br>• Professional writing style and grammar was used in all narrative sections | |

| Instructor Comments: | |
|---|---|
| | **/50=** |

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