

Example Interview questions:

1. What are the most rewarding things about getting older? Is it a lifetime of knowledge?
2. What are the most important lessons you have learned in your life? Ask to hear the stories behind those lessons.
3. Who has influenced you the most?
4. What life advice would you pass to future generations?
5. If you could go back to any age, what would it be? Would they stay the age they are now or go back? How far back? What was life like at that time?
6. What do you remember about the place you grew up? Do they still live there, or have they visited? If so, how has it changed?
7. Which invention from your lifetime amazed you? What was life like before?
8. What was your favorite movie when you were younger?
9. What was your first job? How about your favorite?

Interview Process Chart

<p>Question and Question Number:</p> <ul style="list-style-type: none"> • List the question you asked below 	<p>Student communication:</p> <ul style="list-style-type: none"> • List 1 verbal communication skill used • List 1 non-verbal communication skill used. 	<p>Interviewee communication:</p> <ul style="list-style-type: none"> • List 1 verbal communication skill the patient used • List 1 non-verbal communication skill the interviewee used 	<p>Student thoughts & feelings related to the communication</p> <ul style="list-style-type: none"> • Describe 1 thought or feeling related to the communication
<p>1. What are the most rewarding things about getting older? Is it a lifetime of knowledge?</p>	<p>1. While asking the question I made sure I read the question slowly. 2. During this question I used eye contact for the nonverbal communication skill.</p>	<p>1. While answering the question my patient started to shake her foot. 2. 1 verbal communication skill that the patient used was cooperation in answering the question even though she wasn't willing to answer</p>	<p>When asking this question I felt as if the patient was very sincere even though she didn't seem like she wanted to answer it. When answering the question the patient did get off topic and talked about how much pains she was in.</p>

		the question.	
2. What are the most important lessons you have learned in your life? Ask to hear the stories behind those lessons.	<ol style="list-style-type: none"> 1. While asking the question I made sure to repeat the question twice. 2. During this question I repeated back some of the things that the patient stated to me. 	<ol style="list-style-type: none"> 1. 1 verbal skill that my patient used clarification before answering the question. 2. 1 nonverbal skill that the patient used during this question is I noticed her starting to hit her wrist against the side table. 	The patient was calm to give an answer to this question, I felt like she was sincere when answering it. She was willing to engage in conversation by giving examples of different lesson on what she learned in the army.
3. What life advice would you pass to future generations?	<ol style="list-style-type: none"> 1. My body language during the question conveyed a confident and comfort during the question. 2. I used active listen while asking the question also giving feed back as well. 	<ol style="list-style-type: none"> 1. 1 verbal skill that the client used was giving examples on why one should protect their integrity should be protected. 2. 1 nonverbal skill that she used was silence before answering the question. 	I do feel like the patient was rushing to answer the question and really just giving me the runaround by repeating some of the things she was saying.
4. If you could go back to any age, what would it be? Would they stay the age they are now or go	<ol style="list-style-type: none"> 1. I used clarification when asking this question due to her changing the subject. 2. I used eye contact while asking this question, and I did 	<ol style="list-style-type: none"> 1. 1 nonverbal skill that the patient used was leaning forward before answering the question which to me showed interest in the question because 	This was the best question to ask my patient she had to position herself in a comfortable position and started to daze off a little and smile before answering the question.

<p>back? How far back? What was life like at that time?</p>	<p>notice me starting to fidget with my pen.</p>	<p>once she got up and settle, she said, "oh gosh" and started to laugh. 2. 1 verbal skill that the patient used when answering the question was humor, she made jokes about why she would go back to her being 21.</p>	
<p>5. Which invention from your lifetime that amazed you? What was life like before?</p>	<p>1. I started to space off a little during this question due to her switching the subject. 2. I did have to repeat the question to her.</p>	<p>1. 1 verbal skill that the patient used was being able to remember names of people from her childhood. 2. 1 nonverbal skill that the patient used was facial expression, when she talked about different people.</p>	<p>During this question the patient was so engaged she started to get off topic and started to talk about her tattoos which she was able to name and remember what cancer they had. .</p>

Step Two: Interview Evaluation-Reflective Activity

Step Two Directions: After interviewing an older adult, students are to complete a self-reflective evaluation. Answer all FOUR questions listed below. Complete in full sentences with proper clarity and mechanics. Follow rubric for full guidelines.

1. What are the major take-home lessons after interviewing an older adult?
 - Some major take home lessons that I took after this interview was older adult really have a lot to say and so many good stories to compare the now to then. Active listening to an older adult is something I would take home, listening attentively helps build trust and rapport.

2. How can a nurse adapt their practice to be more responsive to the unique needs of an older adult client?
 - A nurse can adapt their practice to be more responsive to the unique needs of an older adult client is to be more attentive in their care of need. Nurses can promote safety by ensuring the environment is free from any slipping hazards also nurses can provide assistive devices like walkers.

3. In what way is a student building their nursing skills by interviewing patients including older adults?
 - A way a student is building their nursing skills by interviewing patients including older adults is enhancing the ability to ask clear, empathetic and relevant question. Also interviewing older adults can help nursing students build professionalism and rapport building by practicing how to establish trust and maintaining ethical boundaries.

4. Reflect on one question and expand on how the communication could improve.
 - The question I would expand on is question 5 only because she didn't fully answer the question. The patient started to answer the question but then started to get off topic and talk about other things.