

## N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical site relates to this course because of the population of people who come and go through the office. This clinical site can provide hands on content that is implemented in the classroom setting. In the clinical setting, we can see the stages of development in each child that we see, and this can help visualize and tie in key nursing points and theories from a clinical perspective and a classroom perspective. We can see how pediatric nurses educate and reinforce teachings to the parents of these children and we can use these communication skills in our own future practice.

2. How were you an engaged nursing professional today?

I sat with the nurse the whole day and helped her go through vaccines for state records. The CMA's triaged and put the patients in the room so the nurses do more computer and phone work. I helped the nurse weigh a baby because the grandmother of the baby thought that the baby was losing weight. The baby had a surgery on Monday and has decreased intake of formula, so they were worried that he was losing weight. When we weighed the infant, he gained 1 pound since surgery, so the nurse gave them more formula and had a reweigh appointment in a week.

3. How did you contribute to the service provided by the clinic nurse today?

I helped the nurse go through vaccines to give accurate records to the state. The nurse informed me of the state giving each hospital a certain number of vaccines for children that do not have insurance or people on Medicaid. I listened to the nurse make many phone calls to WIC and she explained to me that some counties will supply certain types of formula and others will not, so this is an issue for people who move from a different county because they will only supply certain formulas. For example, Vermillion County only supplies Enfamil and Champaign County supplies Similac.

4. Name **3** ways this clinical site impacts Pediatric health?

The pediatric clinic plays a substantial role in pediatric health due to preventative care, screenings, immunizations, and early diagnoses that can be treated. The first few visits at a pediatric clinic are crucial for prevention of diseases due to the immunizations that we give the child. Pediatric clinics can help educate parents on their child's disease or acute illness and make things less stressful for the parents. The pediatric clinic can help educate the parents on

healthy lifestyles for the children and to educate on the proper ages that the children should get their immunizations. The care that the pediatric clinic provides for these children help these children become healthier and happier.

5. What are the health risks of the population served during today's clinical based on your observations today?

A health risk that could be present in the ambulatory clinic was that the certified medical assistants or nurses did not wipe down the equipment after they used it. This can cause a risk for illness to spread from child to child. Another health risk for this clinical site is that they do not have the children who had respiratory diagnoses wear a mask which can cause the spread of infection. This can be done by implementing wearing a mask with patients that have a respiratory illness going on and this can decrease the spread of infection in this population.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Nursing diagnosis: Risk for infection related to respiratory droplets within the air as evidenced by refusal to wear a mask in the clinic setting (Phelps, 2023).

Measurable goal: The goal for this nursing diagnosis is to implement wearing masks for children who are coming into the clinic with complaints of respiratory illness.

Nursing interventions: One nursing intervention that we can implement for this goal is to have signs posted around the facility saying that masks are recommended for children with respiratory illnesses. Another nursing intervention that can be implemented for this goal is to enforce cleanliness throughout the clinic by wiping down all the surfaces that people have touched. Another intervention that can be implemented is to assess the patient's family members understanding of the benefits of wearing a mask to stop the spread of illnesses.

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

This experience has impacted my nursing practice because this can show me how I will like the clinic setting compared to the hospital setting. After experiencing this clinical rotation, I know that I will want to work in the hospital setting. This experience can help nurses understand how primary prevention starts within that child's life. The pediatric clinic is the first step for a child's life. This experience will help me use clinical judgement and rationales in my nursing practice. This experience will help my communication skills and to help have more therapeutic conversations with patients and their family members.

#### References:

Phelps, L.L. (2023). *Nursing diagnosis reference manual* (12th ed.). Wolters Kluwer.

**N433 Grading Rubric Nurse Shadowing Clinical Paper**  
**50 Total Points Possible**

<b>CRITERION</b>	<b>POOR</b>	<b>FAIR</b>	<b>GOOD</b>
<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-1 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 3 points</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 5 points</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-5 points</b></p>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-10 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Nursing diagnosis is appropriate for this setting; goal/outcome</b></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate</p>

<p><b>is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p>	<p>interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>	<p>inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>	<p>for this setting.</p> <p><b>Weight- 10 points</b></p>
<p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>		<p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>

**Total Points \_\_\_\_\_**