

Individual Performance Profile

RN Nutrition Assessment 2.0



Individual Name: **SAMJHANA RAI**
 Student Number: **RA5497275**
 Institution: **Lakeview CON**
 Program Type: **BSN**
 Test Date: **4/19/2025**

Individual Score: **100.0%**
 Practice Time: **3 min**

Individual Performance on the Learning Objectives

Sub-Scale	# Items	# Points	Individual Score	Individual Score (% Correct)										
				1	10	20	30	40	50	60	70	80	90	100
Describe the significance of the balance between caloric intake and energy expenditure in relation to weight gain and loss.	5	5	100.0%											▲
Explore findings associated with a client's nutritional status.	5	5	100.0%											▲
Discuss therapeutic diets and supplements used to meet nutritional requirements.	5	5	100.0%											▲
Review nursing interventions to assist clients in meeting their nutritional needs.	5	5	100.0%											▲

Topics To Review - Incorrect

Explore findings associated with a client's nutritional status.

No remediation material

Describe the significance of the balance between caloric intake and energy expenditure in relation to weight gain and loss.

No remediation material

Discuss therapeutic diets and supplements used to meet nutritional requirements.

No remediation material

Review nursing interventions to assist clients in meeting their nutritional needs.

No remediation material

Topics To Review - Correct

Explore findings associated with a client's nutritional status. (5 items)

Correcting a Client's Misconception About Multivitamins
Dietary Choices That Can Cause Cavities
Information About Relieving Daily Constipation
Interpreting a Client's BMI
Nutrition Affecting a Client's Hair

Describe the significance of the balance between caloric intake and energy expenditure in relation to weight gain and loss. (5 items)

Calculating Net Carbohydrates
Expected Findings for a Client Who Is Experiencing Digestive Issues
Explaining a Low Glycemic Index Diet
Importance of Macronutrients in a Person's Diet
Making Recommendations About a Client's Diet

Discuss therapeutic diets and supplements used to meet nutritional requirements. (5 items)

Discussing High-Potassium Food with a Client Who Has Renal Disease
Identifying Foods High in Phosphorus
Information About a Heart-Healthy Diet
Responding to a Client's Concern About a Liquid Diet
Understanding an NPO Prescription

Review nursing interventions to assist clients in meeting their nutritional needs. (5 items)

Actions to Prevent Client Aspiration During Tube Feeding
Assisting with Feeding a Client Who Is at Risk for Aspiration
Measuring a Nasogastric Tube for Insertion
Priority Action Following a Blood Glucose Check
Responding to a Client's Concerns About Parenteral Nutrition