

N321 Adult Health I

Clinical Reflection Form

Name: Ashley Shields

Date: April 17, 2025

End of clinical Journal

1. Briefly write about your experience(s)

I actually really enjoyed these clinicals. I think Kristal Henry is a phenomenal instructor, and she is always looking for ways to help you. She walks the halls asking if you need help, and there was one day when I was trying my first IV, she came in the room to walk me through it. She showed me tips and things to look for and was very positive and encouraging. My favorite rotation was the ED. We had a very eventful day- man smoking on O2, cardiac arrest, and hypothermia were all great educational and interesting experiences.

2. What are things you learned?

Some things I learned how to insert an IV on a patient, what is involved with intubating a patient, communicating with family more efficiently and therapeutically, and how to become more familiar with medications.

3. What are things you would do differently?

I would have liked to have gotten more experience in other departments. I was on DEU/med surg 4 of the 6 rotations.

4. What is your major “take home” from clinical experience(s)?

My biggest take home is I love the ED. It’s high energy and that time went by so fast. You are exposed to so much.

5. Is there anything else you would like to mention?

I love how these clinicals are done. They have specific people designated as instructors, and not only do they seem to enjoy it more than others, but they are also so quick to teach you and give you opportunities. I really enjoyed the DEU nurses a great deal, but Carson was just awesome! I also have a love/hate relationship with the 12 hrs. I love only going 6 times and how much time we get for care plan information, but it is harder when we had a test Tuesday morning. The care plans also carry so much weight, if you do have to redo one, you are stuck on DEU an extra day, and you miss out on other departments. There are pros and cons to both.