

## N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359).

**Look at the attached rubric as you write this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical relates to the Pediatric course because it is an opportunity to observe and practice clinical skills. This site differs from a hospital setting, which provides more care medically, while the clinic focuses on physicals, vaccinations, and well-child visits. The patients that come to the clinic are there for a short period. This site shows delegation well in a healthcare setting. The CMA's are the healthcare providers that do most of the physical patient care. They do vaccinations, vitals, and check-ins. At this clinical site, it is a good way to watch developmental milestones and growth in a child. It can help in understanding normal and abnormal development in a child.

2. How were you an engaged nursing professional today?

During the clinical rotation, I was engaged by observing the nurse and the CMA and understanding how a clinic job works as both a CMA and a nurse. I stayed involved by asking questions to the nurse, taking phone calls with parents, and scheduling appointments. I was also involved in patient care by following a CMA and observing vitals and vaccinations. I also listened to the conversations between the nurses, CMAs, and nurse practitioners involved in patient care, which showed interprofessional care. I could provide help and care when asked and when needed in the scope of my practice. The healthcare team was also very engaged and answered my questions well.

3. How did you contribute to the service provided by the clinic nurse today?

The nurse at the clinical site did not provide physical care to the patients but filled out referrals, called parents and caregivers, answered caregiver questions over MyChart, and made appointments. I observed the nurse triaging patients and deciding if they come into the clinic to be seen or to go to the walk-in clinic. The nurse was also able to show me how the referrals work. I also observed how the nurse asks questions parents over the phone to ease the parents and care for the patient over the phone. I assisted the CMA's by helping with writing down vitals and ensuring the rooms were clean and ready for the next patients. The nurse and health care team provided information about the difference in care between a nurse practitioner, a physician's assistant, and a doctor.

4. Name **three** ways this clinical site impacts Pediatric health.

This site is impactful because it aids in early detection and prevention. This site observes the development and growth of the population. It also aids behavioral issues in school, daycare, or home. This site is also impactful in vaccination and prevention. It is one of the main spots where kids come to their well visits and get vaccinations and education to protect from illness. Another impactful reason for this site is education for parents. It is essential to praise or kindly educate a parent on their child's safety, mental health, illness, and nutrition. Educating the parents ensures you, as the healthcare provider, are setting your client up for success, and the parent and child need to incorporate that into their routine.

5. Based on your observations, what are the health risks of the population served during today's clinical?

A health risk I observed today was inadequate care for an illness. There were a couple of times when a parent would call in and come in, and it would be from the parent not caring adequately for the child's chronic illness, such as asthma, which can be controlled. I observed a lot of parents not bringing their children to their scheduled appointments, which can put the children at tremendous risk. There were a couple of incidences where the parent called to schedule an appointment in the early morning and did not show up in the late morning. Another health risk I observed was an education issue. A parent complained of mold in their child's crib from a leaking bottle. This spiked some concern in the nurses and me about inadequate care and possible depression.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Risk for infection related to insufficient knowledge (Phelps, 2023). A measurable goal is for the parent to be able to describe proper feeding techniques, safe sleep, and mold exposure to the nurse by the end of her appointment. It is essential to teach the family and caregivers about signs of an infection to look out for and when to contact a provider. Educating the mother on safe sleep and feeding for their child is essential. The child is at risk for aspiration and mold exposure due to the fact she is being fed in her crib, leading to mold forming from a spilled bottle. It is also essential to assess the caregiver's level of knowledge regarding the situation, answer any questions, and clarify anything they are unsure about.

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

Being at the clinic today for my shadowing was essential and helpful in understanding child-centered care. This includes observing child development and growth, how the nurse and healthcare team navigate if the child is not meeting the goals, and how to identify that. It was also informative to observe the way they vaccinate children. The CMAs were very fast in vaccinating children, so observing them will prepare me for the future and give some tips I can use to ensure fast and proper technique for a child when giving a vaccination. Being in the clinic helped me understand communication with the family and the child during their visit. Every child is different, and some are frequenting the clinic. This also exposed me to regular pediatric procedures such as vaccination and physicals.

## References

Phelps, L.L. (2023). *Nursing diagnosis reference manual* (12<sup>th</sup> ed.). Wolters Kluwer.

**N433 Grading Rubric Nurse Shadowing Clinical Paper**  
**50 Total Points Possible**

<b>CRITERION</b>	<b>POOR</b>	<b>FAIR</b>	<b>GOOD</b>
<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-1 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 3 points</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 5 points</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-5 points</b></p>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-10 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>
<p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>		<p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>

**Total Points \_\_\_\_\_**