

N321 Adult Health I

Clinical Reflection Form

Name: Arian Dodge

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End of clinical Journal

1. Briefly write about your experience(s)

I had a great experience at OSF. I feel I've got to work on many of my skills, and the staff was willing to let me work on those skills.

2. What are things you learned?

I've learned how to execute my nursing skills in the acute care setting rather than just in a lab setting.

3. What are things you would do differently?

I wouldn't have gone to the ACU; I would have asked to go anywhere else.

4. What is your major "take home" from clinical experience(s)?

My major takeaway from the clinical experience is that I'm improving my skills, and practicing is still essential.

5. Explain how you meet the course outcomes

Utilize clinical judgment to begin prioritizing nursing actions that promote positive patient outcomes.

- I met this outcome by assessing the patient, before giving them their medication, in order to know whether it was more appropriate to give or hold the medication.

Apply pathophysiology to provide safe, evidence-based nursing care to patients with common acute and common health conditions.

- I met this outcome by suggesting that my patient had sudden lower oxygen levels and vomiting overnight, which might indicate aspiration, and they should have a chest x-ray and oxygen via nasal cannula.

Describe culturally competent care to adults by discussing care and empathy during interactions with all patients, families, and significant others.

- I met this outcome by asking my patients about their spiritual preferences and changing the way that I handle their care according to their preferences.

Differentiate appropriate communication skills and professional behaviors in interactions with patients, nursing team members, and the interdisciplinary healthcare team.

- I met this outcome by discussing my patient with the nurse, pharmacist, and social worker to determine the best care for my patient.

Provide patient education to promote health and prevent illness.

- I met this outcome by educating my patient on their diabetes, what to look for, and how to prevent lows.

Perform intermediate nursing psychomotor skills for safe, quality patient care.

- I met this outcome by inserting a catheter and a Foley catheter without incident.