

Autism Center Reflection

Please complete the attached form after your rotation at the autism center. This assignment must be turned in based on the syllabus due date. Please do not include any client specific information on this form. Be sure to protect the client's personal health information (PHI).

1. What is Applied Behavioral Analysis (ABA)? Please indicate your source." Applied behavior analysis (ABA) is a kind of research-based behavior therapy for people with autism and other developmental disorders. Its goal is to see an increase in positive behaviors and a decrease in negative behaviors. Children can also learn new skills and improve their social interactions. Many studies have proven the effectiveness of ABA (professional, 2025)."

professional, C. C. medical. (2025, March 19). *Applied Behavior Analysis (ABA)*. Cleveland Clinic. <https://my.clevelandclinic.org/health/treatments/25197-applied-behavior-analysis>

2. How does ABA apply to the clients that you saw today? All the different classrooms all had something to do with ABA. They were different centers with different kinds of therapy that was centered around each child.
3. Give one example of ABA that you saw applied today at your clinical site. The teachers worked with their child on communication and respect. Learning to use their words to get what they wanted or needed.
4. Give one example of how you can use ABA in practice. I can use redirecting as a nurse to keep an autistic patient focused.
5. Discuss positive reflections from the day. I think the best part for me was when my little guy wouldn't calm down for the teacher, but I got him to calm down and focus on the task we were trying to accomplish.

6. Discuss negative reflections from the day. I do not think anything negative happened to me or any of the patients I seen.