

N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

The clinical site at the elementary school is directly related to my school nurse clinical as it provides a practical setting to apply my knowledge about child health and wellness. In this environment, I observed firsthand how to manage common health issues that arise in school-aged children, such as allergies, asthma, and minor injuries.

Additionally, it allows you to engage with students, promoting healthy habits and educating them about hygiene and nutrition. Collaborating with teachers and parents also plays a crucial role in ensuring a supportive atmosphere for the children. This experience is essential for developing your skills as a school nurse and understanding the impact of health on a child's ability to learn and thrive.

2. How were you an engaged nursing professional today?

Today, I was really engaged as a nursing professional by interacting with students and addressing their health concerns. I was alongside with the school nurse providing care when a student entered the room if that was with daily meds, screenings, or injuries.

In addition, I observed listening and hearing tests being conducted, which helped me understand the importance of early detection in children's health. Collaborating with teachers ensured that kids with specific health needs received the support they needed.

I also had the opportunity to observe what a student ate during lunch to determine how much insulin to give them. It was crucial to monitor their carbohydrate intake closely, as this directly affects their blood sugar levels. This experience highlighted the importance of individualized care and how essential it is to educate students about their dietary choices.

3. How did you contribute to the service provided by the school nurse today?

Today, I contributed to the service provided by the school nurse in several meaningful ways. I observed and listened closely as the nurse assessed students' needs, which helped

me understand the various health issues they face. I assisted by providing ice packs to students who had minor injuries, ensuring they felt more comfortable and cared for.

Additionally, I completed some vital checks, like measuring oxygen saturation and heart rates, which are crucial for monitoring students' health. I also helped by handing out daily medications, making sure that each student received their prescribed doses on time. Overall, my involvement allowed me to support the nurse effectively and enhance the care provided to the students.

4. Name **3** ways this clinical site impacts Pediatric health?

This clinical site significantly impacts pediatric health in several ways. First, it provides immediate access to healthcare services for students, ensuring that minor injuries and illnesses are addressed promptly. This quick response can prevent complications and promote faster recovery. Second, the site plays a vital role in health education, teaching children about healthy habits, nutrition, and the importance of regular check-ups. This knowledge empowers them to make informed choices about their health. Lastly, the clinical site fosters collaboration between healthcare providers, teachers, and families, creating a supportive network that addresses the unique health needs of each child, ultimately promoting their overall well-being.

5. What are the health risks of the population served during today's clinical based on your observations today?

During today's clinical observations, I noted several health risks affecting the student population. One significant concern is the spread of simple bacteria and viruses, which can lead to common colds or flu. The close quarters in a school environment facilitate the transmission of these infections, especially during seasonal outbreaks. Additionally, the equipment used for eye and hearing screenings can potentially harbor germs if not adequately sanitized between uses, increasing the risk of cross-contamination.

Another health risk is the possibility of lice infestations due to all students using the same headphones for their screening, which can easily spread among students, particularly in crowded settings. Lice can cause discomfort and may lead to secondary infections if not treated promptly. Addressing these health risks through education, proper hygiene practices, and regular screenings is essential to maintaining the overall health of the student population.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Nursing Diagnosis: Risk for infection related to exposure to bacteria and viruses in a school environment (Phelps, 2023).

Measurable Goal: The student population will demonstrate a 50% reduction in reported cases of colds and flu over the next three months.

Nursing Interventions:

Education: Provide educational sessions for students and staff about proper hand hygiene techniques, including effective handwashing and the use of hand sanitizers. This will help reduce the transmission of bacteria and viruses (Phelps, 2023).

Sanitation Protocols: Implement routine cleaning and disinfecting protocols for frequently touched surfaces, such as desks, doorknobs, and shared equipment used in screenings. This will minimize the risk of contamination (Phelps, 2023).

Symptom Monitoring: Establish a system for monitoring and reporting symptoms of colds and flu among students. Encourage parents to keep sick children at home to prevent the spread of illness within the school (Phelps, 2023).

Phelps, L.L. (2023). *Nursing diagnosis reference manual* (12th ed.). Wolters Kluwer.

7. How will your experience during the school Nurse job shadowing impact your Nursing practice?

My experience during the school nurse clinical will significantly impact my nursing practice in various ways. First, I gained valuable insights into the unique health challenges faced by students in a school environment. Observing the nurse's interactions with students emphasized the importance of building trust and rapport, which is crucial for effective patient care.

I also learned about the necessity of preventive care and health education, as many health issues can be mitigated through awareness and proper hygiene practices. This experience has motivated me to incorporate more educational initiatives into my future practice, ensuring that I not only treat illnesses but also empower patients with knowledge to maintain their health. Overall, this clinical experience has deepened my understanding of the role of a school nurse and will guide my approach to nursing in the future.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____